MESSIAH EVANGELICAL LUTHERAN CHURCH WWW.MESSIAHLUTHERANMQT.ORG

Worship Services

Saturday 5:00 pm Sunday 8:30 am (with Nursery) Sunday 10:30 am (with Nursery)

8:30 am broadcast on 101.9 fm & livestream on facebook at www.facebook.com/messiahlutheranmqt

10:30 am livestream on Facebook

305 West Magnetic Marquette, MI 49855 Tel: (906) 225-1119 Fax: 225-5025 www.messiahlutheranmqt.org E-mail: MarquetteLutherans@gmail.com Member of the Northern Great Lakes Synod of the Evangelical Lutheran Church in America



April 28, 2024 Fifth Sunday of Easter

Flowers: To the Glory of God...

* from Bill Maki

<u>Radio</u>: To the Glory of God...

* from our Messiah family

Livestream: To the Glory of God...

* from our Messiah family

Siblings in Christ,

I've been listening to a lot of Beyonce recently. My sister-in-law has been a fan since Beyonce's Destiny's Child days, but I admit that, while I've listened to a song here and there, I'd never listened to an entire album from start to finish. That changed with her album, Cowboy Carter. I don't listen to much country music (at least not contemporary country music), but something about how she weaves the music and lyrics has captured my imagination.

While the music is beautiful, just the practice of listening to a complete album made me wonder, "what do we miss when we don't slow down to hear a full album?" So much of music is played in the background of our lives, for our kids, for travel, as white noise and distraction. That isn't wrong and I'm grateful for background music (although the Bluey soundtrack is wearing thin on my tolerability list...). I just wonder about intentionality.

In the stories in scripture following Jesus' resurrection, there is so much disbelief. Disciples don't trust their female colleagues, require proof, and even fail to recognize Jesus on the road. There are many layers to the disciples' responses, but I wonder if standing in the wakes of trauma, grief, and unknown futures eliminates their ability to be intentional, to be present, or to pay attention to anything else.

I am not sure much has changed. To sit and listen to a full album, whether Beyonce, Taylor Swift, or someone else, can feel difficult when the world around us is so anxious. Caring for Palestinians and their humanity while doing the same for our Jewish siblings is not easy. The news cycle continues to churn out court case after court case, legislative chaos seems normal, and the election year has already sown seeds of anxiety for much of our nation. Our bandwidth is saturated with worries for the world and for our families. It is hard to listen, to read, to be fully present and to see life and hope. Which makes me think that we need to listen to more albums all the way through. We need to make the space to be present and not just bounce from one thing to the next. We need to be intentional. We need to do that with music, but also with scripture and with hope. It is what takes us, like the disciples, from locked rooms and an inability to see our dearest friend and savior to being able to go into the world and proclaim good news.

As seasons shift, life seems to speed up rather than slow down. Indeed, the church is buzzing with energy and busyness these days. I love that, but I hope that you'll join me and challenge yourself to listen to an entire album – whether streaming or by digging out a LP or CD. Give yourself the gift of slowing down and listening.

In the busyness of May, I invite you to join us on May 19th for a special worship service. At 10:30am we will be having a special Healing Service. It is an opportunity to listen to our hearts, our spirits, and our bodies. Together we will sing, pray, gather at the table, and listen. We have not gathered this way in a long time. I hope that you will plan on being with us. [Please note that May 19th is Pentecost and it is the weekend of Synod Assembly. As such, the 10:30 service will be the only in-person service that weekend. The Saturday service is canceled for May 18th and a rebroadcast of last years' service will be used for the 8:30 am radio and livestream congregation.]

As Beyonce says in the chorus of her song American Requiem, It's a lot of talkin' goin' on While I sing my song Can you hear me? I said, "Do you hear me?"

May you hear in ways that bears witness to the world around you, that listens for God, and reminds you of the abundance of life.

In Christ, Pr. Andrew

Calling All VBS Volunteers!

Vacation Bible School will be held the last week in June, the 24th – 28th from 8:45 – 12:00. Pastor Molly is looking for a variety of volunteers with different abilities. Are you a musician, do you like helping to prepare food, decorate, or, of course, work with children? There will be a position for everyone and plenty to do. Please sign up in the next few weeks. Pr. Molly will contact you with your job in May and training will happen at the beginning of June.

Contact Pastor Molly or sign up on the sheet on the welcome table if you feel called to help.

Messiah Calendar

Monday, April 29

7:00 am AA 10:00 am OWLs Walk 6:00 pm Bell Choir 7:00 pm AA

Tuesday, April 30

11:00 am Staff Meeting
11:00 am Centering Prayer
12:00 pm QiGong (zoom)
5:00 pm Superior Handbells
5:00 pm Young Adult Bible Study
7:00 pm Male Chorus

Wednesday, May 1

7:00 am NA 5:00 pm Senior Choir Rehearsal 6:00 pm Community Meal

Thursday, May 2

7:00 am AA 10:30 am Koinonia Bible Study 5:00 pm Building & Grounds 5:30 pm MOPS 5:30 pm Centering Prayer

Friday, May 3

9:00 am Senior Men's Bible Study

Saturday, May 4

5:00 pm Worship

Sunday, May 5

8:00 am Senior Choir Rehearsal 8:30 am Worship-Traditional 10:30 am Worship-Contemporary

In The Hospital

Please inform the church office when you are hospitalized. Pr. Molly Hunter & Pr. Andrew Plocher would like to visit you when you are there. If you are unable to notify Messiah, please ask a family member to do so.

Pr. Andrew will be out for a funeral (Anna's uncle) May 9-13 Pr. Andrew will be gone on vacation May 21-30 Pr. Molly will be on vacation May 30-June 4

On Call

Pr. Andrew Plocher: May 1, 5-8, 14-15, 19-20, 31 Pr. Molly Hunter: May 2-4, 9-13, 16-18, 21-29

Newsletter Deadline

The deadline for articles to be included in our <u>June</u> <u>newsletter</u> is **Monday**, **May 20**, **2024**. Messiah's Newsletter

April 28, 2024 Volume 106, Issue 5

Articles for Weekly Announcements are due by 6:00 pm each Wednesday

Vacation Bible School 2024: Seekers in Sneakers

June 24th - 28th from 8:45 am - 12:00 pm

Grab your sneakers because this year's Vacation Bible School will embark on the theme of Seekers in Sneakers: Discover Jesus! Every day kids will gather for songs, worship, and Bible stories with the extra fun of using geocaching methods in all our activities. Kids will travel around the church with their shepherd playing active games, learning about Jesus, enjoying a fun snack, and doing science activities or creating art. This five-day Vacation Bible School is sure to be energetic and fun-filled, so register today on Messiah's website – messiahlutheranmqt.org! Registration will end on June 10th.

For questions, contact Pr. Molly Hunter.

May Community Meal - May 1

On Wednesday, May 1st at 6:00 pm, Messiah will host a free community meal. The meal will be a spaghetti dinner. Please join us at 6:00 pm on May 1st for a nice warm meal!

National Youth Gathering Update

Thank you so much to everyone who donated & participated in all the fundraising efforts for the National Youth Gathering. We made our goal! I am so looking forward to visiting New Orleans and participating in the worship, service and learning that will take place July 16th – 20th . I will be traveling with Jen, Sarah & Hannah Bleckiner but also with many other youth and leaders from our synod. I am so grateful for your contributions to making this happen and your prayers as we prepare to travel.

Happy Anniversary!

Happy Anniversary to the followin	<u>g couples in May:</u>
Joe & Sandy MacPhee	May 4
Paul & Mary Beth Carstens	May 10
Matt & Sarah Jackson	May 13
Michael & Jenny Broadway	May 16
Conrad & Renee Jewett	May 20
Elmer & Marie Moisio	May 20
John & Rose Collins	May 22
Jon & Sue Christensen	May 23
David Echelbarger &	
Christine Thomas-Echelbarger	May 25
Barry & Ann Johnson	May 26
David Johnson &	
Karen Kimar-Johnson	May 26
Bruce & Sandy Lindberg	May 26
Anna Rector & her husband	May 27

Messiah's Birthdays

May 2024

- Wednesday 1 Alexandra Geschwindt, Max Geschwindt, Carol Pfannenstiel
 - Thursday 2 Paul Carstens, Emmett Claybaker
 - Friday 3 No birthdays
 - Saturday 4 Emily Fitzpatrick, Graham Kloet, Delaney Parks
 - Sunday 5 Liam Boehlke
 - Monday 6 Sarah Balding, John Dahlke, Joan Hill, Peter Kotila, Alyson LaBelle
 - Tuesday 7 Jeff Olson, Deb Rolig, Boli Soderberg
- Wednesday 8 Adelyn Davis, Tom Matthews, Clare Sauer
- Thursday 9 No birthdays
- Friday 10 Mark Sellers
- Saturday 11 Susan Hewitt, Sherry Mattson
- Sunday 12 Sharon Arntsen, Sondra Cryderman
- Monday 13 Madison Balding, Anna Zimmer
- Tuesday 14 Traci Busick, Chris Kotila, Scott Krah
- Wednesday 15 John Collins, Romel Celaro
- Thursday 16 No birthdays
 - Friday 17 Tom Bronken
- Saturday 18 Dale Alanko, Leslie Jarvi, Ken Vickstrom
- Sunday 19 Karen Oslund, Nancy Raisanen, Dave Skoog
- Monday 20 Elmer Moisio, Joshua Sundman
- Tuesday 21 Marianne Brugman, Ralph Christensen, Ron Hill, Kiera Summersett
- Wednesday 22 Ricky Orhanen, Barb Salmela
- Thursday 23 John VanDreel
 - Friday 24 Maria Mendini-Fuller, Eliza Rector
- Saturday 25 Liam Ulland-Joy

Sunday 26No birthdaysMonday 27Laura GoodneyTuesday 28Miriam Mattson, Michael PetersonWednesday 29Joe Blemberg, Jim DuranceauThursday 30No birthdaysFriday 31Conrad Jewett, Jeannie Wagner

Quilting

If you would like to work with Messiah's quilting group, please contact the office.

Colombia Delegation 2024!

We're excited to share that a small group from our congregation will be visiting our siblings in Christ in Bogota from June 21 - July 2! Due to the pandemic, Messiah has not sent a group to Colombia since 2018 and it is time to rekindle those relationships, reconnect with the congregation of Luz y Vida, and to share meals and conversation as we share our experiences of these past 6 years. We hope that this will begin a return of rhythmic accompaniment visits, bringing visitors here (like Pr. Jairo, Ana, and Johanna who came in 2019) and sending groups of us there. This year the initial group will be Pr. Andrew, Jeanne Groos, and Anna & Justin Wild. The group plans to present to the congregation in July after their return.

There are two ways that you can assist this group: 1) please pray for them as they prepare and travel! And, 2) they will be collecting school supplies to take to some of the programs run by the Lutheran congregations in Bogota. More details and a list of supplies will be available in the coming weeks (please check the weekly announcements and eNews).

Host Families Needed

Our Sister City Partnership Board will be hosting 10 delegates from our Sister City in Higashiomi, Japan, this summer from July 30 to August 6. If you are interested in being a host family, please contact Mary Lou Blomquist at 906 221-1888 or Paulette Lindberg at 906 869-4141. Thanks!

Medication Help Available

If you have questions or concerns regarding your medications, you can contact retired pharmacist, Barb Salmela. Contact the office to get her number. All inquiries are confidential. She can help find discounts for medication, ways to possibly obtain them for free, or suggest less expensive alternatives.

Centering Prayer Group

There are two opportunities to meet together each week for Centering Prayer: during the day on <u>Tuesdays, from 11:00 am - 12:00 pm</u> or in the early evening on <u>Thursdays from 5:30-6:30 pm</u>. A short intro to the method will precede each meeting. So feel free to come at anytime. Each meeting stands on its own. Meetings will take place at Messiah Evangelical Lutheran Church. All are welcome.

For where two or three are gathered in my name, I am there among them. - - Matthew 18:20

What is centering prayer? Centering prayer is a Christian form of meditation. Instead of talking to God, who already knows all things and all of our needs, it is a form of listening. The practice has simple steps:

The choosing of a sacred word, as the symbol of your intention to consent to God's presence and action within.

Sitting comfortably and with eyes closed, settle briefly and silently introduce the sacred word as the symbol of your consent to God's presence and action within.

When engaged with your thoughts, (and "thoughts" include body sensations, feelings, images, and reflections) return ever-so-gently to the sacred word.

At the end of the prayer period remain in silence with eyes closed for a couple of minutes.

After our period of centering prayer, when hearts are more open to inspiration, we will have a reading to ponder. (Lectio Divina)

<u>Resources to learn more</u>: "Invitation to Love," "Open Mind, Open Heart," by Thomas Keating "Into the Silent Land" by Martin Laird and "The Path of Centering Prayer" by David Frenette.

In Our Prayers

Please remember the following people in your prayers at this time: Betsy; Marsha Lucas; Karen; John & Rose Collins; Rick Castillo; Susan Shaver; Ruth Koehler; Don Hillegas; Grant; Kai Dolan; Samantha; Carl & Liz Beyne; Phyllis Champion; Ted; Bruce Lindberg; Betty; Grace Chien; Jamie; Emma; Judy Donckers; Jon Kamps; Donna; Brian; Ben; Sandy Grenke; John Kiltinen; Kathy; Evelyn; Akira Carlson; Karen Eldevick; Grace; Shannon; Billy & Kathy S.; Lu Swanson; Leesa; Jesse Wright; Marshall Lovan; Peter; David Shaver; Ken Smith; Shawn; Mae Desonia; Lisa Douros; Tina; Williamson family; Wayne Hanmer; Karen Johnson; Sierra; Charlene Avery

You may call the church office if you would like a person listed in the prayers. Please obtain permission from the person to list his/her name. We also appreciate updates as to how people listed are progressing. Thank you!

<u>May 5</u>	<u>Sixth Sunday of Easter</u>
Reading	Acts 10:44-48
Gospel	John 15:9-17
<u>May 12</u>	<u>Seventh Sunday of Easter</u>
Reading	Acts 1:15-17, 21-26
Gospel	John 17:6-19
<u>May 19</u>	<u>Pentecost</u>
Reading	Acts 2:1-21
Gospel	John 15:26-27; 16:4b-15

<u>May 26</u> Reading Gospel

<u>The Holy Trinity</u>

Isaiah 6:1-8 John 3:1-17

Passages

In Sympathy to:

* Anna Zimmer & Andrew Plocher upon the passing of Anna's uncle.

* Fred & Jeanne Groos upon the passing of Fred's father, Dick.

* Sara Moyle & family upon the passing of her mother, Janet.

In Celebration of:

* First Communion students who had their First Communion on Maundy Thursday: Kayleigh Beaudoin, Evan Busick, Camden Fitzpatrick, Charlie Sander, Sullivan Sander.

Messiah's Nursery

Messiah's nursery is staffed each Sunday from 8:30 am - up to 12:00 pm. There is a paid staff person in there who is over 18 and has had a background check. If you have children under the age of 5 whom you would like to leave in the nursery while you attend worhsip, you are more than welcome to do so. The staff have you sign your children in when you drop them off. If you would prefer to stay in the nursery with your children, you are welcome to do that too. If you have any questions about the nursery, please ask the nursery attendants or the church office staff. To view our calendar, updated daily, please go to messiahlutheranmqt.org

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What's Your Fifty?

This year we celebrate 50 years of ELCA World Hunger serving people around the world. It is one of most important ministries of our church

Our Synod has chosen a 50/50 theme this year, with our contributions being split between the national church and a local food related ministry, chosen by our congregation. We are also urged to think about the "50 SOMETHINGS" in our own lives that we are thankful for and are worth celebrating.

Please join in this effort to support ELCA World Hunger as we help to fund projects in our own country and more than 65 countries around the world.

All funds raised during the month of May will be joined with other congregations' offerings at the Synod Assembly and sent to the ELCA. Please label your gifts, "Synod World Hunger offering" and bring them in during the month of May to be included in this fund drive.

If you are willing to share your "FIFTY SOMETHING" add it to the list in the notebook on the table by the office, if you have a suggestion for a local hunger related ministry, add it to the basket on the same table.

--- The Global Mission Team

Marquette Male Chorus - May 17

The Marquette Male Chorus will present, "Harmonies and Melodies: Music of Bacharach, Mancini and Mercer" on Friday, May 17 at 7:30 pm at Messiah Lutheran Church. The concert features music from these classic composers including Do You Know the Way to San Jose, Moon River and Accentuate the Positive. The Male Chorus is directed by Wayne Hanmer and accompanied by Dawn Betts. There is a suggested donation of \$10.00. For more information, feel free to call 906-249-9867.

Messiah Book Study - Apeirogon by Colum McCann

Join a discussion of the novel Apeirogon by Colum McCann. This book tells an epic story rooted in the real-life friendship between two men united by loss. Balsam is Palestinian and Rami is Israeli.

They inhabit a world of conflict that colors every aspect of their daily lives.

If you, like me, have been struggling to understand the Palestinian-Israeli conflict, this novel will have a profound impact on you. <u>The book is available for purchase in the church office. The cost is \$20</u>. The discussion will occur on Tuesday, May 21, 7:00 - 8:30 pm in Messiah's atrium.

Betsy Little, facilitator

OWLs (Older, Wiser Lutherans)

The OWLS are now walking at Mattson Park in the lower harbor on Monday's at 10:00 am. We meet by the bathrooms there. Walk at your own pace. After walking the group goes to Provisions to continue visiting. If you cannot walk just come for coffee/tea. The dome will not be available for walking this summer due to construction. Questions? Please call Betsy at 345-9237.

Superior Handbells Concert at Messiah

Superior Handbells (*a community handbell choir*) presents its 3rd annual Spring Concert titled "Belles au Naturele" on Friday, May 24, 2024 at 7:00 pm at Messiah Lutheran Church. There is no admission, but a free will offering will be taken. Join us as we go *au naturele* and celebrate nature!

Retired Senior Volunteer Program (RSVP)

Seniors in Marquette County need your help. Volunteers are needed to transport seniors in your community to their non-emergency medical appointments. Many seniors do not have family or friends available to drive them to medical appointments, and riding the bus can be very difficult or impossible for some.

Volunteers through the Retired Senior Volunteer Program (RSVP) decide when and how often they want to transport. Some volunteer drivers provide rides to one or two seniors a month, while other volunteers choose to transport every week. RSVP provides training, mileage reimbursement of 67 cents per mile, and excess accident and liability insurance while volunteering.

Last year 276 clients received 475 rides from RSVP volunteers. We are on pace to far surpass those numbers this year, and would love to welcome a few more drivers to help out.

If you have a few hours to give, a reliable vehicle and a desire to help seniors, please call RSVP at 906-315-2658 for more information or to sign up. Please pass this information on to any friends or neighbors who you think may be nterested in volunteering for this worthwhile program.

Marquette County Aging Services 215 W. Hematite Drive Ishpeming, MI 49849 Fax - 906-475-4912

Bowls for a Cause

Turned Wooden Bowls are available for a donation to the community assistance fund. They are located next to the homemade jams in the narthex. All bowls are homemade and are finished with a food safe finish. If you have questions about the bowls they can be directed to Paul Carstens at pcarsten@ alumni.nmu.edu.

The New Free Store Donations

The New Free Store is an inter-faith, non-profit group supporting people who express a need for free clothing, linens, hygiene & cleaning supplies. Anyone in need is welcome. Free things are offered as "in God's economy three is always enough." There is a collection bin in our narthex at Messiah for The New Free Store. They are currently collecting:

*May - Diapers - size 3-6 & Baby Wipes

*June - Male/Female Razors, Hand Sanitizer

Finlandia Foundation National

Finlandia Foundation National invites youths ages 12-17 to join us in the Pacific Northwest for Soiva Music Camp:

Let's Create Music Together! July 15-21, 2024 Gwinwood Retreat Center in Lacey, Washington

Soiva Music Camp is open to anyone regardless of cultural background, musical experience and skill level. The week's activities include:

Songwriting and lyric writing Musical games and activities Playing instruments (bring your own or try something new!) Creating music individually and in groups Sharing songs by the campfire Music production Learning how to listen Finnish folk music and other global music styles Swimming, kayaking and other outdoor adventures

A collaboration with the Sibelius Academy Global Music Department, Soiva Camp strives to create an educational environment where young musicians are supported to develop their own unique voices while fostering respect,

understanding, dialogue and collaboration. The course content will in part be tailored to fit the interests of the students.

Radio Broadcast & Livestream Sponsorship

We are in need of sponsors for weekly/ongoing radio broadcasts & livestream. If this is something you would like to support, please contact the office & share what you would like written for your sponsorship; it can be in honor or in memory of a loved one.

You can reach us by phone at 225-1119 or email at office@messiahlutheranmqt.org. The cost of the Radio Broadcast or Livestream sponsorship is \$110.00 each.

Marquette Lions Club

The Marquette Lions Club is offering a new opportunity for you to show your patriotism & support our club. We will be placing a 3 x 5 USA made flag in your yard for the summer holidays of Memorial Day, Fourth of July, and Labor Day for \$35. If you are interested, please contact us at: MarquetteLions@yahoo.com. For more information about this event, visit our website marquettelions.org and click on the drop down menu for Club Projects.

Devotions Link

www.prayfaithfully.org is an on-line devotional reading service maintained by the Northern Great Lakes Synod and written by various pastors and laypersons.

Fortune Lake News

(For more information or to register for any of these camp events, please go to www. fortunelake.org.)

Financial Assistance Available for Camp

If you plan to send a child to Fortune Lake this summer, there are camp scholarships available. Please contact the church office for more information.

Office Manager Needed

Fortune Lake is seeking candidates for a year-round full-time Office Manager position. The purpose of this position is to provide organization and clear communication amongst camp staff, volunteers, campers, and congregations a primary registrar and point of contact and to manage day-to-day financial operations.

Qualified applicants must have a high school diploma with additional training and three years related experience in accounting and office management, or a combination of education and experience that provides equivalent knowledge, skills, and abilities to perform essential functions. Additional desired traits include excellent verbal and written communication, initiative and follow-through, ability to track and prioritize multiple projects simultaneously, and attention to details. We are seeking a reliable team player who aligns with the mission and core ministry values of our organization.

A full job description is available on Fortune Lake Lutheran Camp's website. Interested applicants should send a letter of interest and resume to Amanda Rasner at campdirector@fortunelake.org.

Upcoming Events - May

- May 1 Community Meal at 6:00 pm
- May 2 Centering Prayer at 5:30 pm
- May 7 Centering Prayer at 11:00 am
- May 8 Brookridge Worship at 1:30 pm
- May 9 Centering Prayer at 5:30 pm
- May 12 Last day of Sunday School Music Rehearsal
- May 14 Centering Prayer at 11:00 am
- May 15 Council Meeting at 6:30 pm
- May 16 Centering Prayer at 5:30 pm
- May 17 Male Chorus Concert at Messiah at 7:30 pm
- May 18 Synod Assembly
- May 19 One service at 10:30 am (no 5pm nor 8:30 am)
- May 19 Sunday School performance during 10:30 am worship
- May 21 Centering Prayer at 11:00 am
- May 21 Book Study 7:00 pm
- May 22 Brookridge Worship at 1:30 pm
- May 23 Centering Prayer at 5:30 pm
- May 27 Memorial Day church office closed
- May 28 Centering Prayer at 11:00 am
- May 30 Centering Prayer at 5:30 pm

Lake Superior Life Care & Hospice Events

<u>Community Grief Support</u> - Loss of a loved one can look different for everyone. Let our team help you on your journey to new beginnings. This group is designed to support you with education, resources, and a safe place to listen and share. Free & open to the public. No affiliation to our hospice is required. Please call 906.225.7760 if you have any questions. <u>Choose the location</u> that works best for you!

Marquette

5/15/24 5:30 - 6:30 pm

Lake Superior Life Care & Hospice office at 914 W Baraga Ave-Marquette

<u>Gwinn</u>

5/8/24 2:00 -3:00 pm

Forsyth Senior Center at 165 N Maple St-Gwinn

<u>Caregiver Support Groups</u> – Are you feeling isolated or burnt out as a caregiver? Do you experience frustration or guilt and need a safe place to process? Join us for opportunities to share your feelings, develop friend-ships, receive emotional support, and to learn about available community resources. There will be occasional guest speakers for relevant topics as well. This group is free and open to the public! The group is moderated by Jamie Barbiere, RN Community Outreach Coordinator from Lake Superior Life Care and Hospice. Choose the location that works best for you! Please call 906.225.7760 if you have any questions.

Marquette (2nd Wednesday of every month): 5/8/24 from 2:00 - 3:00 pm Lake Superior Life Care & Hospice Office; 914 W. Baraga Ave.

Gwinn (2nd Tuesday of every month): 5/14/24 from 1:30 - 2:30 pm Forsyth Senior Center; 165 N. Maple St

Ishpeming (3rd Tuesday of every month): 5/21/24 from 2:00 – 3:00 pm Ishpeming Senior Center; 121 Greenwood St.

Caring for an Aging Loved One

Join Attorney Erica Payne from Taproot Law & Jamie Barbiere from Lake Superior Life Care & Hospice for this presentation, question and answer period. This presentation will cover how to navigate the experience of caring for an aging loved one. Through storytelling, you will learn what to expect about legal matters related to this topic. You'll also receive guidance on having hard conversations now, legal matters, and hospice.

Tuesday, May 7, 2024 from 1:00-2:30 pm / Peter White Public Library / Heritage Room (217 N. Front St, Marquette) Free and open to the public! Call 906.225.7760 if you have any questions. <u>Powerful Tools for caregivers</u> – In Person- Registration is now open for this free caregiver workshop. This six-week workshop is designed for the non-professional, informal caregiver and will help you take care of yourself while caring for a parent, spouse, or friend, at home, in a nursing home, or across the country. This workshop will provide YOU, the caregiver tools to: Reduce stress and help you relax, make tough decisions, reduce guilt, anger and depression, communicate effectively with family members, your doctor, etc, take care of yourself, & learn to set goals and problem-solve.

When will it happen?: <u>Thursdays May 9th – June 13th from 1:30-3:00 pm</u>

Class size is limited! Registration ends on May 6th or when class is full. To register visit our website at: www.upcap.org (click on EVENTS) or call 2-1-1 for assistance. There is **no charge** for this online workshop. Class materials are provided. Call Jamie Barbiere with any questions 906.225.7760.

Spring Cleaning?

Messiah Quilters are looking for bed sheets to use as backs for their quilts. The sheets need to be cotton, gently used & clean. We can not use microfiber, silky fabric, fleece, or t-shirt type fabric sheets. Preferably not white sheets.

We need to follow Lutheran World Relief guidelines. The sheets may be dropped off at the church office. Thank you for your support!!

UP Wild - Upcoming Event - May 11th

Sowing Seeds Wilderness Walks across the Synod. Eight hikes taking place, our hike in Marquette is Saturday, May 11th at 11:00 am Eagles Nest Community Forest Trail. The first intersection of Eagles Nest Rd.& Hwy 550 towards Big Bay. Meeting in parking lot on right side of road look for UP WILD signs.

Thank you for your generosity!

No cash or checkbook? No problem. You can donate through Venmo or on our website at: messiahlutheranmqt.org/give

If you wish to designate your donation to a specific fund, please be sure to do so. Any undesignated donations automatically go to our general fund which supports the entirety of our ministry. Messiah Evangelical Lutheran Church

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venmo

May 2024 Worship Volunteers

Saturday May 4 - 5:00 pm

Assisting Minister 1one neededCommunion Asst. 1Terri Bocklund

Sunday May 5 - 8:30 am

Assisting Minister 1	Larry Pagel
Reader 1	one needed
Ushers 2	Bruce Robertson, Sam Elder
Communion Assts. 3	Larry Pagel, two needed
Greeters 2	two needed

<u>Sunday May 5 - 10:30 am</u>

Assisting Minister 1	one needed
Reader 1	one needed
Ushers 2	two needed
Communion Assts. 3	three needed
Greeters 2	two needed
Projection Technician 1	one needed

Saturday May 11 - 5:00 pm

Assisting Minister 1 *one needed* Communion Asst. 1 Barb Salmela

Sunday May 12 - 8:30 am

Assisting Minister 1	Jen Bleckiner
Reader 1	Larry Pagel
Ushers 2	two needed
Communion Assts. 4	Larry Pagel, three needed
Greeters 2	two needed

Sunday May 12 - 10:30 am

Assisting Minister 1	one needed
Reader 1	one needed
Ushers 2	two needed
Communion Assts. 4	four needed
Greeters 2	two needed
Projection Technician 1	one needed

Sunday May 19 - 10:30 am

Assisting Minister 1	one needed
Reader 1	one needed
Ushers 2	two needed
Communion Assts 3	three needed
Greeters 2	two needed
Projection Technician 1	one needed

Saturday, May 25 - 5:00 pm

Assisting Minister 1	one needed
Communion Asstt 1	one needed

Sunday May 26 - 8:30 am

one needed
one needed
two needed
four needed
Joan Tasson, Jan Vickstrom

<u>Sunday May 26 - 10:30 am</u>

Assisting Minister 1	one needed
Reader 1	one needed
Ushers 2	two needed
Communion Assts 4	four needed
Greeters 2	two needed
Projection Technician 1	Abby LaForest

Brookridge Worship

Our worship service at Brookridge is held on the 2nd & 4th Wednesday at 1:30 pm. Eight of our members live there and attend our service regularly. In addition, members of other faith communities join us, making our attendance grow to about 20-25 on a given day. Our service includes hymns, confession, absolution, thanksgiving, psalms, scripture, a homily, Apostles Creed and Holy Communion. It is a real worship service.

Worshiping with this congregation is a blessing. The singing is robust, the prayers are from the heart, communion and forgiveness is truly felt and the fellowship is sincere. You are invited to join at any time. It is a rewarding experience. Our volunteers include: Judy Quirk, Pauline Kiltinen, Lynne Lanczy, Kathy Godec, Grant Soltwish, John Sarkela, and Dave & Mary Lou Blomquist.

50 Messiah's Church Staff:

Pastoral Staff:

Support Staff:

Parish Administrator........Jennifer Dodge Administrative Assistant ...Kathy Godec Parish Accountant.......Mike Hill Financial Secretary.......Anne Rydholm

Music Staff:

Music/Choir Director....Sara Parks Organist/Pianist.........Kalhy Strazzinski Bell Choir Director.......Judy Quirk Pianist.........Jocelyn Basse

Messiah Lutheran Church 305 W. Magnetic Street Marquette, MI 49855

Return Service Requested

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