

Evangelical Lutheran Church

Answering God's call to love

Messiah ENewsletter for July 17, 2024

On the web... go to messiahlutheranmqt.org for more information about our congregation and "like" us on Facebook to receive updates and information there.

Messiah Lutheran Church seeks to be a welcoming community for all people. This includes people of every race, ability, sexual orientation and gender identity, ethnic background, economic grouping, religious affiliation, and political persuasion. We do this simply because God created all people in God's own image and Christ Jesus came so all people might have abundant and eternal life. We may not always be as welcoming as we should be, but this is our intention—all are welcome!



Upcoming Events – July/August

July 23Centering Prayer at 11:00 amJuly 24Brookridge Worship at 1:30 pmJuly 28Program on Colombia trip & potluck following 10:30 am worshipJuly 30Centering Prayer at 11:00 am

Aug 3	Baby shower for Molly and Stephen Luty at 2:00 pm
Aug 4	10:30 am Worship is at Clark Lambros Beach
Aug 7	Community meal at 6:00 pm

Thank You from NMU

The generous gift to the NMU Food Pantry on behalf of Messiah Lutheran church is invaluable in advancing opportunities at NMU. As we celebrate the achievements of our graduating students, your support underscores the importance of our mission. We appreciate your steadfast dedication to NMU's success and for positively impacting the lives of our students. Thank you!

Office Administrator Needed for Northern Great Lakes Synod

This full-time, in-office position is the primary administrative support for the Executive Staff of the Northern Great Lakes Synod, Evangelical Lutheran Church in America located in Marquette. Applicants should have strong organizational skills, ability with both digital and written communication tools, and experience in general office management. Compensation is commensurate with experience. For a full position description, go to <u>www.nglsynod.org</u>. Send resume and cover letter to <u>ngls@nglsynod.org</u> or 1029 N. Third Street, Suite A, Marquette, MI 49855.

Jam News

The latest addition is blueberry-peach. Rebecca U. & Grant S. again thank you for your donation of jars, sugar, fruit and those who continue to support Messiah's assistance fund by your purchases. Raspberry, blueberry, cherry and thimbleberry will be forthcoming.

Potluck Luncheon - July 28

Please join us for a potluck luncheon after 10:30 am worship on July 28th and hear all about the trip to Colombia from Pr. Andrew Plocher, Justin & Anna Wild & Jeanne Groos. They will share stories & photos of their time in Colombia.

Bring a dish to pass with the following alphabet schedule and bring the type of dish to pass based on the first letter of your last name: A-H casserole; I-N dessert; O-Z salad/side dish. Feel free to bring something else if you would prefer. The church will provide some other food.

Preaching Seminar – July 31

A preaching seminar will be held for licensed lay ministers and lay pulpit supply preachers on Wednesday, July 31 from 10:00 am to 3:00 pm at Bethany Lutheran Church (715 Mather St. in Ishpeming).

Come be further equipped for the work you are already doing – Support ministry at your congregation and help cover the preaching needs in your area. Call the NGLS Office at 906-228-2300 to register by July 26. Email confirmation will include more information.

More About Centering Prayer

Jesus didn't go into "the quiet place" because he was an introvert who needed a little me time; he went there to pray. Many people hear prayer and think of a particular type of prayer asking God for things, which is perfectly legitimate. But I mean prayer in the broader scope of the word, as the medium through which we communicate and commune with God.

There are four basic levels of prayer (or, you could say, dimensions to prayer):

<u>Talking to God</u>—praying premade prayers like the psalms or liturgy, or singing prayers at church, and so on.

<u>Talking with God</u>—conversing with God about your life. Lifting up the details of your life before God with gratitude (talking to him about what is good in your life and world), lament (talking to him about what is evil in your life and world), and petition and intercession (calling on God to fulfill his promises to overcome evil with good).

<u>Listening to God</u>—hearing God's voice through quiet listening, Lectio Divina, the prophetic, and more (centering prayer).

<u>Being with God</u>—just looking at God, looking at you, in love ("contemplative prayer"). All four types of prayer are essential to cultivate a loving relationship with God. But many people never move beyond the first two types of prayer, and even fewer discover the joy and possibility of the fourth. From "Practicing the Way" by John Mark Comer.

Centering prayer is listening to God and that will lead to Contemplative Prayer, which is receiving God's love and grace. From there, we are better equipped to offer goodness to the world and "overcome evil with good."

We meet on Tuesdays from 11:00 am - 12:00 pm if this time doesn't work for you and you wish to develop a practice of centering prayer, please let Kathy or Jennifer in the office know what other times might work better and we will see if we can accommodate you. *Prayer" by David Frenette.*

Baby Care Kit Collection

Messiah's Rachel Circle will be assembling Baby Care Kits for Lutheran World Relief. To do this, they will need your help. Each kit will contain the following items (any clothing items should be between 6 & 24 month sizes): 2 lightweight cotton T-shirts (no onsies) 2 long or short sleeved gowns or Sleepers (without feet) 2 receiving blankets (could be crocheted or knitted with lightweight yarn, up to 52 inches square) 1 jacket, sweater or sweatshirt with hood or include a baby cap 4 cloth diapers, flat fold preferred 2 pair of socks 2 or 3 bath-size bars of soap equaling 8-9 oz, any brand, in original wrapping 2 diaper pins or large safety pins 1 hand towel, dark color recommended These items will be collected throughout the month of July. Thank you in advance, for your help! - - - Rachel Circle

Baby Shower for Molly and Stephen Luty – August 3

Join us for a baby shower honoring Molly and Stephen on Saturday, August 3rd from 2:00 pm to 4:00 pm here at Messiah (in Magnuson Hall). They are registered at my.babylist.com/molly-luty. Please RSVP to Holly at 989.424.1563.

Community Meal – August 7

Join us on Wednesday, August 7 for our community meal. We will have sub sandwiches, homemade potato salad, chips, and dessert. There will be a vegetarian option of a veggie sub and the homemade potato salad. The meal will be served at 6:00 pm. All are welcome!

Help Needed at WELCA Fall Retreat at Fortune Lake Lutheran Camp

The Women of the ELCA Northern Great Lakes Synod will be holding its fall retreat at Fortune Lake Lutheran Camp on Sept. 21 and 22. Messiah has been asked to staff a booth offering our fair trade/Equal Exchange coffees, teas, chocolate and other food items. The booth would be set up and ready for business by 10:30 on Saturday and would be taken down mid-late afternoon. Lunch is provided and volunteers at the booth are also welcome to attend workshops. We'd like two or three people to help with this. Please contact the church office if you are interested.

OWLs (Older, Wiser Lutherans) Weekly Walk

The OWLS are now walking at Mattson Park in the lower harbor on Mondays at 10am. We meet by the bathrooms there. Walk at your own pace. After walking the group goes to Provisions to continue visiting. If you cannot walk just come for coffee/tea. The Dome will not be available for walking this summer due to construction. Questions? Please call Betsy at 906 345-9237.

The New Free Store Donations

The New Free Store is an inter-faith, non-profit group supporting people who express a need for free clothing, linens, hygiene & cleaning supplies. Anyone in need is welcome. Free things are offered as "in God's economy three is always enough." There is a collection bin in our narthex at Messiah for The New Free Store. They are currently collecting:

*<u>July</u> – Male/Female Deodorant

*<u>August –</u> Diapers (size 3-6); Baby Wipes

Zoom QiGong

Zoom QiGong for Health & Wellness, Balance & Fall Prevention. Tuesdays, 12:00 – 1:00 pm – Diana Magnuson 906-362-9386/ magnusondiana@gmail.com

Messiah Birthdays

- July 17 No birthdays
- July 18 Kim Alanko, Paul Marin
- July 19 No birthdays
- July 20 No birthdays
- July 21 Greg Larson, Penny Streeter, Zach Wiese
- July 22 Mary Hammerstrom
- July 23 No birthdays
- July 24 Fred Groos, Bob Sromalski
- July 25 Jon Banitt, Jeanne Ruman, Sarah Ruuska
- July 26 Eric Banitt, Jari Braund, Linnea Gustafson
- July 27 No birthdays
- July 28 Mark Fuller
- July 29 David Winslow

In the Hospital

Please inform the church office when you are hospitalized. Pr. Andrew Plocher & Pr. Molly Hunter would like to visit you while you are there. If you can't notify Messiah, please ask a family member to do so.

In Our Prayers

Charlie Blake; Carol Bell; Dorothy; Pastor Molly Hunter & family upon the passing of her grandmother, Ruth Tellin; Darren Smith and Susanne Smith & family on the passing of their brother, Ken; Lillian Tuimala; Lynne Robertson; Jan Brown; Fred Maynard; Betsy; Karen; John & Rose Collins; Rick Castillo; Susan Shaver; Ruth Koehler; Don Hillegas; Grant; Kai Dolan; Samantha; Phyllis Champion; Ted; Bruce Lindberg; Betty; Grace Chien; Jamie; Emma; Judy Donckers; Jon Kamps; Donna; Brian; Ben; Sandy Grenke; John Kiltinen; Kathy; Evelyn; Akira Carlson; Karen Eldevick; Grace; Shannon; Billy & Kathy S.; Lu Swanson; Leesa; Jesse Wright; Marshall Lovan; Peter; David Shaver; Shawn; Mae Desonia; Lisa Douros; Tina; Williamson family; Wayne Hanmer; Sierra; Charlene Avery

Pastor on Call:

Pastor Andrew is on call July 17-24 Pastor Molly is at the National Youth Gathering

Worship Volunteers

Saturday, July 20 -- 5:00 pm in atrium

Assisting Minister: Karen Kimar-Johnson Communion Assistant: Barb Salmela

Provide Refreshments: Karen Kimar-Johnson

Sunday, July 21 -- 8:30 am in sanctuary, on 101.9 FM, Vimeo/Facebook

Assisting Minister:	Grant Soltwisch
Reader:	Fred Maynard
Ushers:	Cathy Seblonka, Linda Berry
Communion Assistants:	Judy Quirk, Kathy Maynard, Dave Blomquist, Larry Pagel
Greeters:	Penny Streeter and Sherry Labbe

Nursery:	Maddie Dykema
Provide Refreshments:	Penny Streeter and Sherry Labbe

Sunday, July 21 – <u>10:30 am</u> in sanctuary, on Vimeo/Facebook

Assisting Minister:	Mike HIII
Reader:	Mark Paulsen
Ushers:	Dave and Nancy Skoog.
Communion Assistants:	Mike and Joan Hill, Gayle Mack, Sandy Lindberg
Greeters:	Marina Shinkarenko, Linda Carlson
Projection Technician	Kathy Godec
Nursery:	Maddie Dykema
Flower Delivery:	Jean Reynolds

Announcements and Classified Ads

Marquette City Band – Summer Concerts

As part of their Summer Concert series, there are three more concerts in July/August by the Marquette City Band. "Children's Concert" is on Thursday, July 18 at 7:30 pm at Presque Isle Park; "Popular Then and Now" is on Thursday, August 1 at 7:30 pm at Presque Isle Park; and "Encore Performances" is on Thursday, August 8 at 7:30 pm at Presque Isle Park. The band director is Dr. Stephen Grugin. Admission is free but donations are appreciated. In case of inclement weather, performances will be held at NMU's Reynolds Recital Hall. For more information: facebook.com/mqtcityband or marquettecityband.com.

Sister City Visitors in Marquette

The Marquette Area Sister City Partnership will host 9 delegates from our Sister City in Higashiomi, Japan. They will be in Marquette from Tuesday, July 30th - Tuesday, August 6th. This will mark the 45th anniversary of the partnership and many special activities are planned. Some of the events open to the public include:

 *<u>Airport Greeting & Welcome Ceremony on Arrival</u> Tuesday, July 30th at 6:53 pm
 *<u>Commemorative Tree Planting in Lower Harbor</u> Wednesday, July 31st at approximately 3:30 pm
 *<u>Wintergreen Gallery Japanese Treasures exhibit</u> Wednesday, July 31st (this will be in place for a month [3rd Street])
 *<u>Airport Farewell Sayonara Ceremony</u> Tuesday, August 6th 5:30 am
 <u>Host Families from Messiah include:</u> -Ralph & Pam Christensen -Sally Davis

-Mark & Laura Petrie

-Justin & Anna Wild

Marquette Lions Club

The Marquette Lions Club is offering a new opportunity for you to show your patriotism and support our club. We will be placing a 3 x 5 USA made flag in your yard for the summer holidays of Memorial Day, Fourth of July, and Labor Day for \$35. If you are interested, please contact us at <u>MarquetteLions@yahoo.com</u>. For more information about this event, visit our website <u>marquettelions.org</u> and click on the drop-down menu for Club Projects.

Lake Superior Life Care & Hospice Events

<u>Community Grief Support</u> - Loss of a loved one can look different for everyone. Let our team help you on your journey to new beginnings. This group is designed to support you with education, resources, and a safe place to listen and share. Free & open to the public. No affiliation to our hospice is required. Please call 906.225.7760 if you have any questions. <u>Choose the location</u> that works best for you!

Marquette 7/17/24 5:30 - 6:30 pm Lake Superior Life Care & Hospice office at 914 W Baraga Ave-Marquette <u>Gwinn</u> 7/10/24 2:00 -3:00 pm Forsyth Senior Center at 165 N Maple St-Gwinn <u>Caregiver Support Groups</u> – Are you feeling isolated or burnt out as a caregiver? Do you experience frustration or guilt and need a safe place to process? Join us for opportunities to share your feelings, develop friendships, receive emotional support, and to learn about available community resources. There will be occasional guest speakers for relevant topics as well. This group is free and open to the public! The group is moderated by Jamie Barbiere, RN Community Outreach Coordinator from Lake Superior Life Care and Hospice. Choose the location that works best for you! Please call 906.225.7760 if you have any questions.

Marquette (2nd Wednesday of every month):

7/10/24 from 2:00 - 3:00 pm
Lake Superior Life Care & Hospice Office; 914 W. Baraga Ave.
Gwinn (2nd Tuesday of every month):
July meeting is CANNCELLED
Forsyth Senior Center; 165 N. Maple St
Ishpeming (3rd Tuesday of every month):
7/16/24 from 2:00 – 3:00 pm
Ishpeming Senior Center; 121 Greenwood St.

Live & Learn Millcreek - Topic: Alzheimer's/ Dementia Community Resources

Do you have a family member, friend, or acquaintance who has Alzheimer's or Dementia? Would you like to learn more about both local and web-based resources that are available to help you? Join us for this informal presentation to learn about local resources, programs, support groups, and more. 7/18/24 from 2:00 p.m. – 3:00 p.m. Free and open to the public. Millcreek Clubhouse 1728 Windstone Dr, Marquette.

Aging U P Presentation

Do you ever walk into the kitchen and forget the reason why you went in there in the first place? These types of incidents can be written off by the aging population as "Senior Moments". Are senior moments a normal part of aging? Learn more about the benefits of positive attitudes toward aging. Part 2 of this presentation will be on Monday, July 29 from 12:30 pm -1:30 pm at the Negaunee Senior Citizens Center, 410 Jackson Street in Negaunee. 906 475-6266 RSVPs are appreciated but not required.

Do you have an announcement?

Send announcements & ads to Kathy Godec (kathy@messiahlutheranmqt.org). Send concert or performance information, yard sale announcements, party invitations, requests for babysitters, yard maintenance, rooms for rent and items for sale. E-newsletter deadline is 12:00 pm on Tuesdays.

Messiah Contact Information

Messiah Lutheran Church 305 W. Magnetic St. Marquette, MI 49855

Pastoral Staff

Senior Pastor - Andrew Plocher Associate Pastor - Molly Hunter

Office Staff

Parish Administrator - Jennifer Dodge Administrative Assistant – Kathy Godec Parish Accountant - Mike Hill Financial Secretary – Anne Rydholm

Music Staff

Director of Music – Sara Parks Bell Choir Director - Judy Quirk Organist/Pianist - Kathy Strazzinski Pianist – Jacob Schmeltzer & Jocelyn Basse

Phone: 906-225-1119 Fax: 906-225-5025 Email: office@messiahlutheranmqt.org Website: <u>https://www.messiahlutheranmqt.org/</u>