

Answering God's call to love

Messiah ENewsletter for September 4, 2024

On the web... go to messiahlutheranmqt.org for more information about our congregation and "like" us on Facebook to receive updates and information there.

Messiah Lutheran Church seeks to be a welcoming community for all people.

This includes people of every race, ability, sexual orientation and gender identity, ethnic background, economic grouping, religious affiliation, and political persuasion.

We do this simply because God created all people in God's own image and Christ Jesus came so all people might have abundant and eternal life.

We may not always be as welcoming as we should be, but this is our intention—all are welcome!



Community Meal Tonight!

Messiah will be hosting a community meal tonight at 6:00 pm. This meal will be a spaghetti dinner & a vegetarian option will be available. Please join us as we gather for a meal. We look forward to seeing you!

Rally Day - September 8

Messiah's Rally Day will be Sunday, September 8th following the 10:30 am worship service. We will be holding it in the front parking lot with the street blocked off. We will be serving hot dogs (and veggie hot dogs), chips, fruit, veggies & dessert. We will have a bounce house & face painting for the kids. We hope you can join us for the festivities!

Help Needed for Rally Day - September 8

We still need volunteers to help haul tables/chairs back to Magnuson Hall and to help with cleaning up when the event is over. If you can help with this, please let Jen or Kathy in the church office know. Thanks!

Upcoming Events – September

Sept 4	Community Meal at 6:00 pm
Sept 6	Senior Men's Ministry Group at 9:00 am
Sept 8	First Day of Sunday School at 10:30 am
Sept 8	Rally Day and Picnic following 10:30 am service
Sept 9	Bell Choir Rehearsal at 6:00 pm
Sept 10	Centering Prayer at 11:00 am
Sept 11	Brookridge Worship at 1:30 pm
Sept 15	Bible Sunday for 3-year-olds, 3 rd graders & 6 th graders
Sept 17	Centering Prayer at 11:00 am

Join Mqt MomCo - Marquette Area Mom Community - September 5

Calling all moms with young children! Elevate your motherhood journey with Mqt MomCo (formerly known as MOPS). MomCo meets on the 1st Thursday of each month from September to May at Messiah, from 5:15 pm to 7:15 pm. It's a time for moms to connect, share experiences, and support each other through the highs and lows of motherhood. Childcare is usually available during meetings. For more details, contact the church office or Renee Jewett, co-coordinator.

Senior Men's Ministry – September 6

Messiah's Senior Men's Ministry will start meeting again on Friday, September 6th at 9:00 am in room #202. We meet for about an hour, and we meet every Friday except for some holidays. Please join us on September 6th.

Sunday School Begins - September 8

Sunday School begins on September 8th during the 10:30 worship service. Please bring your child(ren) upstairs to the classrooms or Magnuson Hall before worship (teachers will be present). They will return to worship and to you before communion. We look forward to this year of learning, play, arts, and music together. Stay tuned for a letter, schedule and information about our Christmas music program in December from Pastor Molly in August. Sign-up can be found on the front page of Messiah's website. As always, all are welcome to come and learn about God's love at any time. Teachers will always have registration forms in their classrooms, but we appreciate you signing up beforehand so that we can know numbers and a little more about your child.

Messiah's Bell Choir

Rehearsals of the Messiah Handbell Choir resume on September 9. Please come and be part of this exciting musical group. We practice from 6:00 to 7:00 each Monday. Some come at 5:30 to assist with setup. We are part of the life of this congregation and plan to participate in the 8:30 and 10:30 worship services once or twice each month.

We welcome beginning and veteran ringers. Come if you are curious about how the bells work. This may be the place for you.

Budget and Giving Update

Messiah's ministries, our worship, our outreach, and all that we do, relies on your generosity. Your gifts of money, time, and talent make it possible to do what we do and to dream about what is next. Year-to-date we are behind on the financial support that you so generously give. This is especially true for the late Spring and Summer. After a summer break, our Finance Committee met and wants to provide you with an update on our current numbers. If you are behind on your giving, have not given, or can give a little extra, we prayerfully ask that you consider sharing what you can. We will continue to update you monthly and are hopeful that our financial situation will improve. If you have questions, please don't hesitate to reach out to our Parish Accountant, Mike Hill, or to Pr. Andrew.

- -Income through July: \$54,779 behind budget
- -Underspending budgeted expenses through July: -\$35,255
- -Current deficit through July: \$19,524 (income deficit minus underspending)

To meet our 2024 budget, Messiah needs an average monthly giving income of ~\$50,000.

Thank you for your continued generosity! - Messiah's Finance Committee

Office Administrator Needed for Northern Great Lakes Synod

This full-time, in-office position is the primary administrative support for the Executive Staff of the Northern Great Lakes Synod, Evangelical Lutheran Church in America located in Marquette. Applicants should have strong organizational skills, ability with both digital and written communication tools, and experience in general office management. Compensation is commensurate with experience. For a full position description, go to www.nglsynod.org. Send resume and cover letter to nglsynod.org or 1029 N. Third Street, Suite A, Marquette, MI 49855.

Jam News

Most of your favorite varieties are still on the shelves. With fall around the corner, now is the time to buy your gifts for the holidays. A great way to support your church's ministry. Thank you.

Centering Prayer

"Thy Will be done."

Am I the only one who has trouble deciphering God's Will?

I began a meditation practice many years ago, not to develop any kind of relationship with the Creator, but to relieve my own stress. I understood, however dimly, that when I was in stress, I did not behave in the manner that connected me to my fellow humans.

As my practice continued, there were miraculous times when an internal Voice helped me to perceive situations differently. This led me to behave differently. My thinking became clearer, and my relationships improved. As a person who had been raised in a home of a believer, I identified the Voice that became available to me from meditation as the "Holy Spirit" or the "Christ" or "God" or "Atman" or the "Buddha within". All these are, to me, naming the same mystery.

The better I behave, the closer I get to sometimes doing the "will of God." And the closer I come to doing God's will, the more I like life. The more I have trust that things can be worked out; that we will learn that we are all part of each other and of God. I go to centering prayer

twice a day now to fill up my well of Divine Love and Wisdom. It happens because I turn down my thinking, and just listen to the stillness. "Be still and know that I am God."

The practice is simple. Have the intention to consent to God's Presence and action within and then, turn down the personality's thoughts. Keep turning down the volume of the worldly "self" and listen to the Voice for God. In that way, I believe that God's will becomes clearer and following God's will is the key to a vibrant and peaceful life.

Lutheran World Relief School Kits

During August & September Women Reaching Women Circle will be collecting donations of school supplies for Lutheran World Relief School Kits. These kits are sent to children in need in our country & around the world.

A bin is available in the narthex for your donations. We also welcome cash contributions.

Thank you for your help! The following items are needed:

- •70-sheet notebooks, wide- or college-ruled
- •Box of 16 or 24 crayons
- Pencil sharpener
- •30 cm ruler, or ruler with centimeters on one edge and inches on the other
- Fiskars-type kids' scissors
- Unsharpened #2 pencils
- Black or blue ballpoint pens (no gel ink)
- •2 1/2" Pink Pearl-type eraser

OWLs (Older, Wiser Lutherans) Weekly Walk

The OWLS are now walking at Mattson Park in the lower harbor on Mondays at 10am. We meet by the bathrooms there. Walk at your own pace. After walking the group goes to Provisions to continue visiting. If you cannot walk just come for coffee/tea. When raining, they meet at the dome. Questions? Please call Betsy at 906 345-9237.

The New Free Store Donations

The New Free Store is an inter-faith, non-profit group supporting people who express a need for free clothing, linens, hygiene & cleaning supplies. Anyone in need is welcome. Free things are offered as "in God's economy three is always enough." There is a collection bin in our narthex at Messiah for The New Free Store. They are currently collecting:

*September – Feminine pads & tampons

*October – Hand Sanitizer & Toilet Paper packs (4 or 6 rolls/pack)

Lifelong Faith Formation - Fall 2024 Classes Begin in September

For more information and to register, visit the Northern Great Lakes Synod website: nglsynod.org/lifelong-faith-formation.

Join the conversation, fellowship, and fun with your friends in Christ across the synod and beyond. Grow in faith as you learn more about the Bible, church history, and Christian mission. Beginning in September, classes meet online via Zoom for two to ten sessions. For more information, or to receive the class schedule by e-mail, Contact Deacon Lori Ward at (615) 519-1969 or lori.ward@nglsynod.org

Fall 2024 Class Schedule

Beyond the Policy: Equipping the faith community to prevent, recognize and react responsibly to child sexual abuse. Instructor: Rev. Kari Vadis, Trinity Rhinelander. Meeting weekly, Thursday evenings, September 19-26.

The Book of Proverbs Two: Donning A Foreigner's Clothes. Instructor: Rev.Tommy Richter, Zion, Manistique. Meeting weekly, Thursday evenings, September 19-November 21.

Kaleidoscope Challenge, exploring the ELCA social statement "Freed in Christ: Race, Ethnicity and Culture" along with the ELCA social message on Human Rights and remembering Christ's love for humanity in a world that often feels broken. Instructor: Rev. Jared Howard, Faith, Calumet. Meeting weekly, Sunday evenings, September 15-October 20.

Connecting through Prayer: expanding the definition and understanding of prayer by practicing different weekly prayer exercises together with a group to discover new ways to connect to God and to the Spirit's action in the world. Instructor: Rev. Christine Olson, Interim, Emmanuel, Menominee. Meeting weekly, Monday evenings, September 30-November 18.

Earth's Climate Crisis, using the excellent, comprehensive study guide on the 2023 ELCA Social message, led by Chuck Thomas, Northern Great Lakes Synod Vice President. Meeting weekly, Wednesday evenings, September 18-October 23.

Growing Younger -- Sharing Ideas and Strategies to Engage Young People in our Congregations. Presenters: Stefanie Ehle, Northern Great Lakes Synod Youth Coordinator, and members of the NGLS Youth Ministry Team. Meeting monthly, on the third Thursday, October 17, 2024 -May 8, 2025.

Introduction to Biblical Greek. Instructor: Rev. Nicole Hanson-Lynn, Salem and Zion, Ironwood. Meeting weekly on Sunday evenings, beginning on September 15.

"Raising Kids Beyond the Binary: Celebrating God's Transgender and Gender-Diverse Children," a discussion on Jamie Bruesehoff's book, led by Amanda Rasner, Director, Fortune Lake Lutheran Bible Camp. Meeting weekly on Tuesday evenings, September 15-October 8.

Zoom QiGong

Zoom QiGong for Health & Wellness, Balance & Fall Prevention. Tuesdays, 12:00 – 1:00 pm – Diana Magnuson 906-362-9386/ magnusondiana@gmail.com

Messiah Birthdays

Sept 4	No birthdays
Sept 5	Hunter Peacock, Jack Van Alstine
Sept 6	Tristan Dreisbach, Ellen Symons
Sept 7	Kathy Osier, Nancy Skoog, Claire Smith
Sept 8	Stephen Carroll, Gary Peterson, Charlie Sander
Sept 9	Renee Messana, Natalie Weir
Sept 10	Sue Christensen, Jim Elder, Michael McAuliffe
Sept 11	Daniel Beerman, Julie Elder, Emma Maki-Warne
Sept 12	Stephanie Carlson, Sten Taube
Sept 13	Wayne Geschwindt, Joe Harkness
Sept 14	Jen Dodge, Theo Zimmer
Sept 15	Laurie McGovern
Sept 16	Ashlee Blom, Ilene Mattson, Kristen Smith
Sept 17	Emily Coyne, Larkin Schampers, Oaklyn Schampers, Hali Ziegler
Sept 18	No birthdays

In the Hospital

Please inform the church office when you are hospitalized. Pr. Andrew Plocher would like to visit you while you are there. If you can't notify Messiah, please ask a family member to do so.

David Raikko; Shelly Johnson; the Steve Stiles family; Larry Brunton; Charlie Blake; Carol Bell; Dorothy; Lillian Tuimala; Lynne Robertson; Jan Brown; Betsy; Karen; John & Rose Collins; Rick Castillo; Ruth Koehler; Don Hillegas; Grant; Kai Dolan; Samantha; Phyllis Champion; Ted; Bruce Lindberg; Grace Chien; Jamie; Emma; Judy Donckers; Jon Kamps; Donna; Brian; Ben; Sandy Grenke; Evelyn; Akira Carlson; Karen Eldevick; Grace; Shannon; Billy & Kathy S.; Lu Swanson; Leesa; Jesse Wright; Marshall Lovan; Peter; Shawn; Mae Desonia; Lisa Douros; Tina; Williamson family; Wayne Hanmer; Sierra; Charlene Avery

Pastor on Call:

Pastor Andrew is on call September 4, 6-11

Pastor Molly is on call September 5; on vacation from September 6-8 and on sabbatical from September 9 – December 1.

Worship Volunteers

Saturday, September 7 -- 5:00 pm in atrium

Assisting Minister: Chris Kotila
Communion Assistant: Terri Bocklund

Provide Refreshments: Need a volunteer.

Sunday, September 8 -- 8:30 am in sanctuary, on 101.9 FM, Vimeo/Facebook

Assisting Minister: Kathy Maynard Reader: Larry Pagel

Ushers: Bruce Robertson, Sten Taube

Communion Assistants: Beth Krznarich, Larry Pagel, Kathy Maynard, Dave Blomquist

Greeters: Marina Shinkarenko, Gail Edgar

Nursery: Jamie Dodge Provide Refreshments: Sabrina Taube

Sunday, September 8 -- 10:30 am in sanctuary, on Vimeo/Facebook

Assisting Minister Josh McIvor-Andersen

Reader: Mark Paulsen

Ushers: Jean Reynolds, need one more volunteer.

Communion Assistants: Sandy Lindberg, Kerry McGinley, Karen Burkman, Gayle Mack

Greeters: Marina Shinkarenko; need one more volunteer.

Projection Technician: Kathy Godec

Nursery: Jamie Dodge Flower Delivery: Jean Reynolds

Announcements and Classified Ads

Fundraiser for Lake Superior Hospice - September 12

On Thursday, September 12 from 3:00 pm to 10:00 pm, the Texan Roadhouse will donate 10% of your total food purchase to help fund Lake Superior Hospice. You will need to present a copy of the fundraiser flyer when you dine-in or order-to-go. Copies of the fundraiser flyer are available in the church office.

Pancake Breakfast and Glucose Check – September 21

Come see how your body reacts to blood sugar in real time! As part of their Saturday worship service, the Marquette Seventh-day Adventist Church is offering an opportunity to have your glucose level tested during this FREE pancake breakfast. The free pancake breakfast will be on Saturday, September 21 at the Marquette Seventh-day Adventist Church (270 US 41 East, Negaunee). Registration is at 10:00 am. Glucose levels are tested at registration. Breakfast is served at 10:20 am, a presentation at 11:00 am, and a retest of glucose levels at 12:20 pm. Please RSVP at 906 475-4488 or mqtsdachurch@gmail.com. (The glucose test is for information only. If you feel you are at risk, you are strongly advised to see your primary physician.)

Lake Superior Life Care & Hospice Events

<u>Community Grief Support</u> - Loss of a loved one can look different for everyone. Let our team help you on your journey to new beginnings. This group is designed to support you with education, resources, and a safe place to listen and share. Free & open to the public. No affiliation to our hospice is required. Please call 906.225.7760 if you have any questions. Choose the location that works best for you!

Marquette

9/18/24 5:30 - 6:30 pm

Lake Superior Life Care & Hospice office at 914 W Baraga Ave-Marquette

Gwinn

9/11/24 2:00 -3:00 pm

Forsyth Senior Center at 165 N Maple St-Gwinn

<u>Caregiver Support Groups</u> – Are you feeling isolated or burnt out as a caregiver? Do you experience frustration or guilt and need a safe place to process? Join us for opportunities to share your feelings, develop friendships, receive emotional support, and to learn about available community resources. There will be occasional guest speakers for relevant topics as well. This group is free and open to the public! The group is moderated by Jamie Barbiere, RN Community Outreach Coordinator from Lake Superior Life Care and Hospice. Choose the location that works best for you! Please call 906.225.7760 if you have any questions.

Marquette (2nd Wednesday of every month):

9/11/24 from 2:00 - 3:00 pm

Lake Superior Life Care & Hospice Office; 914 W. Baraga Ave.

<u>Live & Learn Millcreek</u> – Topic: Matter of Balance Program – Is it right for you? Presented by Jamie Barbiere, Matter of Balance Program Trainer and Community Outreach Coordinator at Lake Superior Life Care & Hospice. Are you interested in increasing your activity level, but you have a fear of falling? Join us for this informational presentation on what Matter of Balance is and how it can help you. There will be a class starting November 5th at the Marquette Senior Center. Those interested in signing up can obtain the registration here. 9/19/24 from 2:00 – 3:00 pm. Free and open to the public. Mill Creek Clubhouse 1728 Windstone Dr., Marquette.

Aging U P Series (3 parts) is coming to the Marquette Senior Center! This exciting, up-beat, motivational presentation helps us to embrace aging by being active physically, socially, and mentally. This presentation is encouraged for any age; not just those who are in their retirement years. Licensed speech pathologist Chris Harkness, MS-CCC-SLP, will be offering cognitive assessments for senior citizens as well. In addition, she will be offering part one of her Aging U.P. presentation on September 4th from 1:00 – 2:00 pm at the Marquette Senior Center, 300 W. Spring St. The optional cognitive assessments will take place around the presentation, by appointment. Cost is \$25. You will learn more about the benefits of positive attitudes toward aging, learn ways to improve your decision making, and your memory. "I know this is scary for a lot of people," Harkness said. "Time and time again, I hear, 'I just don't want to know.' And yet, the vast majority of people I evaluate do very well." Results are provided at the time of testing, and you receive a written summary for your records that you can choose to share with your doctor. Seniors are encouraged to take this test at age 60 or one year after retirement.

Part 2 of the Aging U P Series is on Wednesday, October 2 from 1:00 to 3:00 pm at the Marquette Senior Center. Part 3 of the Aging U P Series is on Wednesday, November 6 from 1:00 pm to 3:00 pm at the Marquette Senior Center.

Call (906) 228-0456 to make an appointment or RSVP for the presentations.

<u>Memorial Service</u> – Are you grieving the loss of a family member or friend? Our annual service honors those who have passed away in our hospice care during the last year. It's also open to all community members grieving a loss. We will read your loved one's name and light a candle in their honor. Wednesday 9/25/24 at 6:30 pm at D.J.Jacobetti Home for Veterans Chapel, 425 Fisher St. in Marquette. Please call 906.225.7760 or email ibarbiere@lakesuperiorhospice.org to add a name to be read at the service or for more information.

<u>Powerful Toos for Caregivers</u> – <u>Virtual</u> – This 6-week workshop is designed for the non-professional, informal caregiver and will help you take care of yourself while caring for a parent, spouse, or friend at home, in a nursing home, or across this country. There is no charge for this online workshop. Participants must have a device with internet connection, webcam, microphone, and email address to attend. Class materials are provided. The workshop will be on Wednesdays beginning October 9 and ending November 13 from 11:00 am to 12:30 pm. Class size is limited! Registration ends September 29th or when class is full. To register visit our website at: <u>www.upcap.org</u> (click on EVENTS) or call 2-1-1 for assistance.

Do you have an announcement?

Send announcements & ads to Kathy Godec (kathy@messiahlutheranmqt.org). Send concert or performance information, yard sale announcements, party invitations, requests for babysitters, yard maintenance, rooms for rent and items for sale. E-newsletter deadline is 12:00 pm on Tuesdays.

Messiah Contact Information

Messiah Lutheran Church Phone: 906-225-1119
305 W. Magnetic St. Fax: 906-225-5025
Marquette, MI 49855 Email: office@messiah

Email: office@messiahlutheranmqt.org

Website: https://www.messiahlutheranmqt.org/

Pastoral Staff

Senior Pastor - Andrew Plocher Associate Pastor - Molly Hunter

Office Staff

Parish Administrator - Jennifer Dodge Administrative Assistant – Kathy Godec Parish Accountant - Mike Hill Financial Secretary – Anne Rydholm

Music Staff

Director of Music – Sara Parks
Bell Choir Director - Judy Quirk
Organist/Pianist - Kathy Strazzinski
Pianist – Jacob Schmeltzer & Jocelyn Basse