

MESSIAH EVANGELICAL LUTHERAN CHURCH

MESSENGER

WWW.MESSIAHLUTHERANMQT.ORG

Worship Services

Saturday 5:00 pm

Sunday 8:30 am

(with Nursery)

Sunday 10:30 am

(with Nursery)

8:30 am broadcast on 101.9 fm & livestream on facebook at
www.facebook.com/messiahlutheranmqt

10:30 am livestream on Facebook

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Member of the Northern Great Lakes Synod of the Evangelical Lutheran Church in America



September 29, 2024

19th Sunday after Pentecost

Flowers: To the Glory of God & In Honor of...
* Ron & Ruth Hill's 67th wedding anniversary from their family

Radio: To the Glory of God...
* from our Messiah family

Livestream: To the Glory of God...
* from Bill Angeloff

Siblings in Christ,

As we head into this election season, I want to take a moment to think about how we take care of ourselves and each other.

Political anxiety and rhetoric often feels like it's everywhere—on the news, social media, in conversations at the store, or even around the dinner table. It's hard not to get caught up in all the noise. But as followers of Jesus, we're called to focus on what really matters— Jesus' love and the way he taught us to treat and care for another.

One of the big challenges we all face is the temptation to see people who disagree with us as enemies (to dehumanize them or "other" them). But that's not who we are. We're all children of God, no matter how we vote. Hard as it is to keep at the forefront, it is that common belovedness that transcends any political identity. I encourage you to try your best to see the humanity in each other, even when it's tough. We're in this together, and we need to hold onto that truth, especially in divided times.

Yet to be at our best with those we disagree with, we must care for ourselves, too. How do we take care of ourselves when things feel so heated? First off, it's okay to step away. You don't need to stay glued to the news or social media 24/7. It's good to stay informed, but it's just as important to protect your peace. Take breaks. Breathe. Spend some time in prayer or reflection. Let your soul rest in God's presence.

Also, be careful about who and what you're listening to. There are a lot of voices out there trying to stir up fear and division, and it's easy to get sucked into that. But we're called to a different path—a path of truth, justice, and kindness. Don't let fear run the show. Instead, look for voices that encourage you to love your neighbor and seek peace. Statistically in relationships the magic ratio is providing five positive interactions for every one negative one.

Try using that with your political energy and consumption. Give yourself the space for voices that aren't decidedly divisive or political. Remember to laugh, cry, and sing along with things you enjoy.

And don't forget to take care of your body. Stress can wear us down, so make sure you're getting enough sleep, eating right, and moving your body. Whether it's taking a walk, talking to a friend, or just getting some fresh air, these little things add up and help us feel more balanced. We're not made to carry the weight of the world on our own. It's okay to lean on others and ask for help when you need it. I especially encourage you to consider coming to the "What Does Your Soul Need in this Election Season?" listening session on October 23rd (see the newsletter article on page 5 for more info).

Remember, too, that I'm available for you. I can listen as your pastor, as a friend or neighbor, or as a therapist (your choice). You can set up an appointment with me directly or through the church office. I'm happy to meet in the office, in your home, at a coffee shop or brewery, or on a walk. If you are feeling the need for more guidance or resources for self-care or in finding someone to talk with, I'm happy to assist with that too.

As we move through these next coming weeks, let's take care of ourselves, care for one another, and do our best to keep our hearts focused on God's love. That love will sustain us, carry us, and guide us through whatever comes next.

Friends, I know that for me, God's love is fed in song, in communion around our Lord's table, and in worshipping together. I hope you feel that way too and that I get to see you in worship soon.

In Christ,
Pr. Andrew

Community Meal - October 2nd

Messiah will be hosting a community meal on Wednesday, October 2nd at 6:00 pm. This meal will be breakfast for dinner (*omlets, hashbrowns, sausage & fruit*) & a vegetarian option will be available. Please join us as we gather for a meal. We look forward to seeing you!

OWLS (Older, Wiser Lutherans)

The OWLS are now walking at Mattson Park in the Lower Harbor on Monday's at 10:00 am. We meet by the bathrooms there. Walk at your own pace. After walking the group goes to Provisions to continue visiting. If you cannot walk just come for coffee/tea. Questions? Please call Betsy Little.

OWLS October Event - Pumpkin Carving!

The OWLS are planning a pumpkin carving/decorating event. It will take place on Tues., Oct. 22 from 2:00 - 4:00 pm in Magnuson Hall. Bring Your Own Pumpkin along with some fun ideas! There will be some treats, too! Put this on your calendar!

Messiah Calendar

Monday, September 30

7:00 am AA
10:00 am OWLs Walk
6:00 pm Bell Choir Rehearsal
7:00 pm AA

Tuesday, October 1

11:00 am Staff Meeting
11:00 am Centering Prayer
12:00 pm QiGong (zoom)
5:30 pm Superior Handbells
7:00 pm Male Chorus

Wednesday, October 2

7:00 am NA
5:00 pm Senior Choir Rehearsal
6:00 pm Community Meal

Thursday, October 3

7:00 am AA
10:30 am Koinonia Bible Study
5:00 pm Building & Grounds
5:15 pm MomCo

Friday, October 4

9:00 am Senior Men's Bible Study

Saturday, October 5

11:00 am Glenn Beckman's Funeral Service with lunch to follow
5:00 pm Worship

Sunday, October 6

8:00 am Senior Choir Rehearsal
8:30 am Worship-Traditional
10:30 am Worship-Contemporary

In The Hospital

Please inform the church office when you are hospitalized. Pr. Molly Hunter & Pr. Andrew Plocher would like to visit you when you are there. If you are unable to notify Messiah, please ask a family member to do so.

Quilting

If you would like to work with Messiah's quilting group, please contact the office.

Time Away

Pr. Molly will be on sabbatical through December 1st.

On Call

Pr. Andrew Plocher: October 1-31

Newsletter Deadline

The deadline for articles to be included in our November newsletter is **Monday, October 21, 2024.**

Messiah's Newsletter

September 29, 2024
Volume 106, Issue 10

Articles for
Weekly Announcements
are due by 6:00 pm
each Wednesday

Passages

In Sympathy to:

* Family & friends of Glenn Beckman. His funeral will be at Messiah on 10/5/24 at 11:00 am with a luncheon to follow.

In Celebration of:

* Tuuli Suzanne Brintlinger who is the daughter of Adam & Jennifer Brintlinger and was baptized on Sunday, Sept. 29 at our 10:30 am worship.

* Messiah's musicians that are being celebrated on Saturday & Sunday, Sept. 28/29.

What Does Your Soul Need in this Election Season?

Wednesday October 23rd, 6:30 pm in the Atrium

We will be offering a space to share the burdens and anxieties of the election season. Simply speaking these concerns aloud—and perhaps hearing others speak of similar concerns—reduces our isolation and helps us be community for one another.

This gathering will be a space that Pr. Andrew will moderate, and each person may speak about their own concerns, as they desire. There will be an expectation of "I" language, and no one is expected to speak if they don't want to. Every person's statement belongs to them and does not require a response from anyone else. People may say things that you disagree with, but the goal of this session is not to convince others of our ideas but instead to listen to what is happening in our souls and discern the movement of God among us. We will practice deep listening and being present to one another in this challenging season.

Bible Study - Thursdays at 10:30 am

The Thursday morning Bible study meets for an hour in Room 202 at 10:30 am. The group usually works through about three chapters of the Bible every week, in a lively discussion with lots of questions—and sometimes even some answers! Right now we're in the story of king David, who rose to power as a heroic warlord, then brought it down in rebellion by betraying people who trusted him. Next comes Solomon, for whom the Bible gives evidence leading in at least two directions. Was he a wise and holy king, giving justice and building the Temple? Or was he also a crafty tyrant, raising Israel to the peak of its power and wealth at the cost of enslaving the people and bringing the nation to the brink of collapse?

The Bible does not hand us superficial answers to questions like this. It's a book about real people, complete with both heroism and deadly flaws. Would you like to join us on Thursday mornings?

- - - Allan E. Johnson

Messiah's Birthdays

October 2024

- Tuesday 1 Cheryl Anderegg, Linda Savage, Pat Vacilek
Wednesday 2 Shane Parks, Paul Wainio
Thursday 3 Sarah Zeller
Friday 4 Janelle Carroll, Joan Tasson
Saturday 5 Patty Ryan, Esme Ulland-Joy
Sunday 6 Al Edgar, Candace LeDuc
Monday 7 Lois Raikko
Tuesday 8 David Echelbarger, Jackie Greising, Milt Soderberg
Wednesday 9 Carol Cappuccio, Carol Ontto, Craig Teed
Thursday 10 No birthdays
Friday 11 Tanya Jennings
Saturday 12 No birthdays
Sunday 13 Erynn Messana, Tom Moyle, Brianna Weir
Monday 14 Jason Peterson
Tuesday 15 Linnea Bays, Caleb Beerman
Wednesday 16 No birthdays
Thursday 17 Dawn McAuliffe, Cathy Winkler
Friday 18 No birthdays
Saturday 19 Jaime Aho, Philip Andersen
Sunday 20 Maija Maki-Warne, Diana Peterson
Monday 21 Deb Abraham, Cecelia Fuller, Cindy Kotila, Todd Leigh, Joe MacPhee, Barb Maszlewski, Cheryl Mayer, Joan Myefski, Ron Tervo
Tuesday 22 Bob Groleau, Sandy MacPhee
Wednesday 23 Anna Wild
Thursday 24 Linda Winslow
Friday 25 Aubrey Muscoe
Saturday 26 No birthdays

Sunday 27 Jamie Beauchaine, James Lahti

Monday 28 No birthdays

Tuesday 29 Jon Ruuska, Mya Skaw

Wednesday 30 Michelle Sellers

Thursday 31 Karen Kimar-Johnson

SEVEN PRAYERS WITH SEVEN SCRIPTURES
YOU CAN PRAY ONE EACH DAY OF THE WEEK, WHEN YOU READ THE MORNING NEWS OR SOCIAL MEDIA, AT YOUR LUNCH BREAK, OR AT THE END OF A TROUBLING DAY. OR, YOU CAN PRAY THE PRAYER YOU NEED IN THAT MOMENT.

On your way to the polls, conventions, or demonstrations
**When our anger leads us to roads of rage;
Spirit of Wisdom, guide us to take hopeful action.**
"Depart from evil, and do good; seek peace, and pursue it." – Psalm 34:14

When the news is disturbing
**When hopelessness troubles us;
Gentle God, may we know Your presence is with us.**
"Peace I leave with you; my peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled, and do not let them be afraid." – John 14:27

When social media posts or politics threaten friendships
**When politics and systems of the world threaten to divide us;
Prince of Peace, reign in us.**
"And let the peace of Christ rule in your hearts, to which indeed you were called in the one body. And be thankful." – Colossians 3:15

As political signs are posted
When we see our neighborhoods covered with blue and red signs; Creator God, remind us You created every one of us, all our neighbors, in Your image.
"If it is possible, so far as it depends on you, live peaceably with all." – Romans 12:18

When we feel defeated, or don't want to engage with others
**When our despair causes us to withdraw;
O Lord, remind us that we belong together.**
"Blessed are the peacemakers, for they will be called children of God." – Matthew 5:9

When your mental health is affected
**When our anxiety keeps us up at night;
God Who Watches Over Us, grant us restful sleep.**
"I will both lie down and sleep in peace; for you alone, O Lord, make me lie down in safety." – Psalm 4:8

When fear of what might happen overwhelms us
**When hope seems but a glimmer;
Eternal One, remind us that seeds take time to be planted.**
"And a harvest of righteousness is sown in peace for those who make peace." – James 3:18

loving your neighbor
IN ELECTION SEASON
MORE RESOURCES AT WICHURCHES.ORG/ELECTIONS

Happy Anniversary!

Happy Anniversary to the following couples in October:

Anne & Gus Rydholm	October 2
Jamie & Karen Beauchamp	October 3
Kim & Barb Salmela	October 4
Fred & Jeanne Groos	October 8
Peggy Kapfhamer & Ruth Robb	October 8
Bob & Donna Marlor	October 8
Tom & Sara Moyle	October 8
Mike & Jaime Davis	October 9
Sharon Farrell & her husband	October 9
Dave & Lois Raikko	October 12
Ethan & Molly Hunter	October 13
Gary & Tina Peterson	October 25
Dave & Nancy Skoog	October 28
Dale & Kim Alanko	October 30
Paul Marin & Betsy Little	October 30

Mitten Box

It is October and although the weather has been warmer than usual, it is time to think about helping to keep others warm this winter. Thankfully, we have an abundance of donated yarn (under the the table in the atrium) we can use to make warm accessories for the upcoming winter. So let's grab our needles, grab a warm beverage and cozy up for some knitting or crocheting. Purchased items are always appreciated too. Our community in need is always thankful for your generosity. The collection box will be in the atrium in October and distribution of the items is the first week of December. Thank you!

Fortune Lake News

Fall Fest 2024 Quilt Auction - October 5, 2024

Join us at Fortune Lake on Saturday, October 5 for our Quilt Auction.

There is a continental breakfast and bake sale in the Dining Hall from 9:30-10:30 am CT. At the same time, in the chapel, there will be draffle tickets & hand-crafted items for sale. The Quilt Auction begins at 11:00 am CT in the chapel. If you can't attend, join the online auction that opens on Sept. 25.

Sacred Waters Youth Retreat - October 11-12, 2024

All current 3-6 graders are invited to our Sacred Waters Youth Retreat! The weekend will feature camp favorites for a fantastic one-night experience. The retreat includes Bible studies, games and songs, and a campfire. There will also be a workshop for adult church staff and volunteers who work with youth. To learn more about the retreat, visit our website: www.fortunelake.org.

Lectionary Readings - October 2024

October 6

Reading
Gospel

20th Sunday after Pentecost

Genesis 2:18-24
Mark 10:2-16

October 13

Reading
Gospel

21st Sunday after Pentecost

Amos 5:6-7, 10-15
Mark 10:17-31

October 20

Reading
Gospel

22nd Sunday after Pentecost

Isaiah 53:4-12
Mark 10:35-45

October 27

Reading
Gospel

23rd Sunday after Pentecost

Jeremiah 31:7-9
Mark 10:46-52

Global Fair Trade Market

This year's Global Fair Trade Market will be on Saturday, November 23rd and Sunday, November 24th. On Saturday it will be open to the public and the hours are 10 AM - 4 PM. On Sunday it will be open before and after the worship services. We will be selling a variety of fair trade items, including home goods, Christmas gifts and decorations, jewelry, kitchen items, and much more from all over the world. For more information, please visit Messiah's Facebook event page. If you have questions, email Rachel Skaw at rachel.skaw@gmail.com. Please mark your calendars and share with others in our church and the community!

Bake Sale at Global Fair Trade Market

This year's Fair Trade Market will include a bake sale. Please donate your wrapped home-baked goods to the church office. Drop-off times are Thursday, November 21st from 8:30 am to 4:30 pm and Friday, November 22nd from 3:00 - 5:00 pm. Please provide a label to identify your item and an ingredient list. This allows us to separate gluten-free and vegan items, and provides allergen information for our customers. Happy baking!!!

Senior Men's Ministry

Messiah's Senior Men's Ministry is meeting every Friday at 9:00 am in room #202. We meet for about an hour. Please join us on Fridays!

**To view our calendar,
updated daily, please go to
messiahlutheranmqt.org**

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Centering Prayer - every Tuesday from 11:00 am - 12:00 pm

It's consenting to God's Presence & action within. In other words, becoming a mystic.

"The word mystic may mislead or intimidate some people—the prestige accorded to it has traditionally been so exalted that they feel such heightened perception and joy belong to and are attainable by only a few chosen human beings. This is far from the case. Mystical experience is always available—like the divine grace it is—to any who really wants it; all human beings are given in the course of their lives glimpses into the heart of the real which they are free to pursue or forget.

When we are touched by mystic grace and allow ourselves to enter its field without fear, we see that we are all parts of a whole, elements of an universal harmony, unique, essential and sacred notes in a divine music that everyone and everything is playing together with us in God and for God. And if we work patiently with what we come to know, through prayer and meditation and loving service to other beings, we will, all the traditions promise, come to understand what Christ meant when he said, "The Kingdom of heaven is within you."

"The Essential Mystics" by Andrew Harvey

Upcoming Events - October

- October 2 Community Meal starts at 6:00 pm in Magnuson Hall
- October 5 Glenn Beckman's funeral at Messiah at 11:00 am
- October 6 CROP Walk at 1:30 pm
- October 19 Lutheran World Relief In Gathering at Messiah from 10:00 am - 12:00 pm
- October 19/20 Commitment Weekend

Join Mqt MomCo - Marquette Area Mom Community

Calling all moms with young children! Elevate your motherhood journey with Mqt MomCo (formerly known as MOPS). MomCo meets on the 1st Thursday of each month from September to May at Messiah, from 5:15 pm to 7:15 pm. It's a time for moms to connect, share experiences, and support each other through the highs and lows of motherhood. Childcare is usually available during meetings. For more details, contact the church office or Renee Jewett, co-coordinator.

Bringing Christ to the World

A familiar hymn says, "Go ye, go ye into the world and make disciples of every Nation. Go ye, go ye into the world and I will be with you there" That is an appropriate message for us as we try to be Christ's presence in the world.

How do we DO that? One person can't do it. Messiah can't do it alone. One way we "do" that is through the Evangelical Lutheran Church in America (ELCA) and the Northern Great Lakes Synod (NGLS). *(continued on pg 13)*

Messiah does a lot to be Christ's presence locally. Our assistance program, our Wednesday community meals, our Campus ministry program, our involvement in Room at The Inn, the Quilters, the use of our building by community groups, the Fair trade Market, Free Store support, the Crop walk, our Asylum family and various community support groups are just a few examples. We can be proud of what we do for the Lord. Many of our members visit shut ins and members who live in various care facilities. Some bring groceries and meals to those in need. We shovel snow, rake leaves and clean houses. Yes, we are actively "Going therefore into our community".

Yet, the way we impact the WORLD is through the NGLS and ELCA.

Here are some examples: the ELCA supports over 300 Missionaries in Africa, South America and others; our ELCA World Hunger initiative has given over \$650 million to help feed the hungry in the world in the last 50 years: Messiah has given over \$5,000 per year to this cause: ELCA Quilters have donated 500,000 quilts to 14 countries through Lutheran World Relief.

Through the ELCA Lutheran Disaster program we are always there when disaster hits. Whether hurricane, flood, or fire, ELCA is there. We at Messiah are there.

From where do our pastors come? The ELCA supports 26 colleges and universities and operates 7 seminaries in the USA. Our NGLS Bishop keeps in close contact with them to identify and recruit pastors to our Synod and walks with congregations as they seek new pastors.

This is just an introduction to what we do to answer God's call to "Go ye into the world". The ELCA with our 3 million members in 8,700 congregations in 50 states is the way we join together to answer God's call to "make disciples of all nations."

Our Stewardship theme this year is "Joy in Sharing". When we share our time and talents and our financial support we model our faith in God in tangible ways. Please share yours until it makes you feel joy of sharing.

- - - *Dave Blomquist, member of the Stewardship Team*

In Our Prayers

Please remember the following people in your prayers at this time: Karl Kaukola; Joan Myefski; David Raikko; Larry Brunton; Charlie Blake; Carol Bell; Dorothy; Lillian Tuimala; Lynne Robertson; Jan Brown; Betsy; Karen; John & Rose Collins; Rick Castillo; Ruth Koehler; Don Hillegas; Grant; Kai Dolan; Samantha; Phyllis Champion; Ted; Bruce Lindberg; Grace Chien; Jamie; Judy Donckers; Jon Kamps; Donna; Brian; Ben; Sandy Grenke; Evelyn; Akira Carlson; Karen Eldevick; Grace; Shannon; Billy & Kathy S.; Lu Swanson; Leesa; Jesse Wright; Marshall Lovan; Peter; Shawn; Mae Desonia; Lisa Douros; Tina; Williamson family; Wayne Hanmer; Sierra; Charlene Avery

You may call the office if you would like a person listed in the prayers. Please obtain permission from the person to list his/her name. We also appreciate updates as to how people listed are progressing. Thank you!

Marquette County CROP Hunger Walk - Oct. 6

crophungerwalk.org/marquettemi

The Marquette County Crop Hunger Walk will be held on Sunday, October 6 with registration starting at 1:30 pm and the walk starting at 2:00 pm. It is hosted by the Marquette Hope Connection Center located at 927 W. Fair Ave. in Marquette. 75% of the donations collected will go to Church World Service and 25% of the donations collected will stay local. The 25% that stays local will be split between the NMU Food Bank and Feeding America (sponsored by Silver Creek Church).

Join us in our quest to alleviate hunger in our local area! If you have questions, please call Crystal Swanson at 906 225-0595 or call/text Erica at 805 710-4752 or email at crystaljswanson@yahoo.com and wesley@mqt hope.com

Budget & Giving Update

We shared last month that we would keep you regularly updated on the finances of the church. While the last month was much closer to our budgeted expectations of giving, our year-to-date budget continues to be a deficit. If you are behind on your giving, have not given, or can give a little extra, we prayerfully ask that you consider sharing what you can. We will continue to update you monthly and are hopeful that our financial situation will improve. If you have questions, please don't hesitate to reach out to our accountant, Mike Hill, or to Pr. Andrew.

Income through August: \$61,036 under budget

Underspending budgeted expenses through August: -\$35,620

Current deficit through August: \$25,416 (income deficit minus underspending) *This is an increased deficit of \$6,000 from July.*

To meet our 2024 budget, Messiah needs an average monthly giving income of ~\$50,000.

Messiah's ministries, our worship, our outreach, and all that we do, relies on your generosity. Your gifts of money, time, and talent make it possible to do what we do and to dream about what is next.

Thank you for your continued generosity! - - - *Messiah's Finance Committee*

Council Highlights - September 18th

- Visit from the Lien family who were sponsored by Messiah in 1979
- Rally Day was well attended
- Working through challenges with childcare center gates
- Audio updates are continuing; updated monitors/speakers in choir area & a sound system for Magnuson Hall
- Scheduling a listening session for mid-October for election conversation

Consider a Legacy Gift to Messiah

A legacy gift to Messiah is a powerful way for you to ensure that our church's mission and ministry continue for future generations. Legacy gifts, also known as planned giving, allow you to leave a lasting impact by including the church in your estate plans, typically after your lifetime. These gifts can be tailored to fit your financial situation and your personal goals.

One of the most common ways to leave a legacy gift is through a bequest. You can include Messiah in your will or trust, specifying a set amount, a percentage of your estate, or even property. Bequests are flexible, allowing you to maintain control of your assets during your lifetime while knowing that your generosity will help the church in the future.

Another simple option is to name Messiah as a beneficiary of your life insurance policy or retirement accounts, like an IRA or 401(k). This only requires updating your beneficiary designation with the financial institution. Also, if you didn't see the article in the August newsletter, you may want to consider how a gift from your required minimum distribution could be a mutually beneficial to you and the church.

If you'd like to create a gift that benefits you now, you can consider establishing a charitable gift annuity or trust. These options provide you with income during your lifetime, and after that, the remaining assets are given to the church. For example, a charitable remainder trust allows you or your loved ones to receive income for a specific period, with Messiah receiving the remaining funds afterward.

Leaving a legacy gift is a meaningful way for you to support Messiah's future while reflecting your values. To ensure your gift aligns with your wishes and financial plans, we highly recommend that you consult a financial advisor or estate attorney. Your gift will continue to make a difference in our church and community for years to come.

If you are interested in including Messiah in your estate plans, or have questions about legacy giving, please contact Anne Rydholm at the church office or via email at anne@messiahlutheranmqt.org

Bowls for a Cause

Turned Wooden Bowls are available for a donation to the community assistance fund. They are located next to the homemade jams in the narthex. All bowls are homemade and are finished with a food safe finish. If you have questions about the bowls they can be directed to Paul Carstens at pcarsten@alumni.nmu.edu.

Cancer Care of Marquette County

Cancer Care of Marquette County is a 501c3 organization that helps all patients in Marquette County having financial hardships while going through Cancer treatments. There are no income guidelines to apply. We help with medical bills & travel expenses related to cancer treatment. For more information, contact Dave Poirier 906-362-9226 or poirph@msn.com.

Lake Superior Life Care & Hospice Events

Community Grief Support - Loss of a loved one can look different for everyone. Let our team help you on your journey to new beginnings. This group is designed to support you with education, resources, and a safe place to listen and share. Free & open to the public. No affiliation to our hospice is required. Please call 906.225.7760 if you have any questions. Choose the location that works best for you!

Marquette

10/16/24 5:30 - 6:30 pm

Lake Superior Life Care & Hospice office at 914 W Baraga Ave-Marquette

Gwinn

10/9/24 2:00 - 3:00 pm

Forsyth Senior Center at 165 N Maple St-Gwinn

Caregiver Support Groups – Are you feeling isolated or burnt out as a caregiver? Do you experience frustration or guilt and need a safe place to process? Join us for opportunities to share your feelings, develop friendships, receive emotional support, and to learn about available community resources. There will be occasional guest speakers for relevant topics as well. This group is free and open to the public! The group is moderated by Jamie Barbieri, RN Community Outreach Coordinator from Lake Superior Life Care and Hospice. Choose the location that works best for you! Please call 906.225.7760 if you have any questions.

Marquette (2nd Wednesday of every month):

10/9/24 from 2:00 - 3:00 pm

Lake Superior Life Care & Hospice Office; 914 W. Baraga Ave.

Telephone Based:

3rd Tuesday of every month

10/15/24 from 2:00 - 3:00 pm

Call 906-485-5527 to register, landline or cell phone required to participate

Live & Learn Millcreek – Topic - *“Learn what the Marquette Senior Center can provide for you or a loved one”* Join Maureen McFadden, Center Director to learn more about all of the amazing programs and events that are taking place at the senior center. This is a great presentation for those who are looking for local resources for themselves or for a family member or friend. 10/17/24 from 2:00 – 3:00 pm Free and open to the public. Millcreek Clubhouse 1728 Windstone Dr, Marquette.

Aging U.P. Series is coming to the Marquette Senior Center! This exciting, up-beat, motivational presentation helps us to embrace aging by being active physically, socially, and mentally. This presentation is encouraged for any age; not just those who are in their retirement years. Licensed speech pathol-

ogist Chris Harkness, MS-CCC-SLP, will be offering cognitive assessments for senior citizens as well. In addition, she will be offering part two of her Aging U.P. presentation on October 2nd from 1:00 - 2:00 pm at the Marquette Senior Center, 300 W. Spring St.

Seniors are encouraged to get this test at age 60 or one year after retirement. Call (906) 228-0456 to make an appointment or to RSVP for the presentation.

Powerful Tools for Caregivers (Virtual) - This 6-week workshop is designed for the non-professional, informal caregiver and will help you take care of yourself while caring for a parent, spouse, or friend at home, in a nursing home, or across the country. There is no charge for this online workshop. Participants must have a device with internet connection, webcam, microphone, and email address to attend. Class materials are provided. Please call 2-1-1 for assistance with registering. Class runs from October 9th – November 13th from 11:00 am - 12:30 pm.

Messiah's LWR InGathering - October 19

We will be holding our annual Lutheran World Relief InGathering on Saturday, October 19th from 10:00 am - 12:00 pm. If you can help with moving boxes, please sign up at the welcome table or call the office.

Any other churches in our conference, conference 8, are welcome to bring their boxes of quilts &/or kits to us on this day/time. The semi-truck that picks up from Messiah in Marquette will go on to Pelkie (Mission United Lutheran Church at 16463 Pelkie Rd.) for a pickup of quilts & kits from the copper country. The pickup time in Pelkie for quilts & kits is from 1:00 - 3:00 pm.

The New Free Store Donations

The New Free Store is in need of the items listed below. There is a collection bin in our narthex at Messiah for The New Free Store.

***October** - Hand Sanitizer & Toilet Paper packs (4 or 6 rolls/pack)

***November** - Toothbrushes (child/adult), Toothpaste, Dental Floss, Denture Cleaner

Brookridge Worship

Our worship service at Brookridge is held on the 2nd & 4th Wednesday at 1:30 pm. Several of our members live there & attend our service regularly. In addition, members of other faith communities join us, making our attendance grow to about 20-25 on a given day. Our service includes hymns, confession, absolution, thanksgiving, psalms, scripture, a homily, Apostles Creed and Holy Communion. It is a real worship service.

Worshipping with this congregation is a blessing. The singing is robust, the prayers are from the heart, communion and forgiveness is truly felt and the fellowship is sincere.

October 2024 Worship Volunteers

Saturday October 5 - 5:00 pm

Assisting Minister 1 Chris Kotila
Communion Asst. 1 *one needed*

Sunday October 6 - 8:30 am

Assisting Minister 1 Larry Pagel
Reader 1 Fred Maynard
Ushers 2 Cathy Seblonka, Anne Rydholm
Communion Assts. 4 Larry Pagel, Beth Krznarich, Dave Blomquist
one needed
Greeters 2 *two needed*

Sunday October 6 - 10:30 am

Assisting Minister 1 *one needed*
Reader 1 *one needed*
Ushers 2 Dave and Nancy Skoog
Communion Assts. 4 *four needed*
Greeters 2 *two needed*
Projection Technician 1 Inga Banitt

Saturday October 12 - 5:00 pm

Assisting Minister 1 Carol Bell
Communion Asst. 1 Terri Bocklund

Sunday October 13 - 8:30 am

Assisting Minister 1 Grant Soltwisch
Reader 1 Larry Pagel
Ushers 2 *two needed*
Communion Assts. 4 Larry Pagel, Dave Blomquist, *two needed*
Greeters 2 Cathy Seblonka, *one needed*

Sunday October 13 - 10:30 am

Assisting Minister 1 *one needed*
Reader 1 Laurel Kniskern
Ushers 2 *two needed*
Communion Assts. 4 Kerry McGinley, Karen Burkman, Gayle Mack, *one needed*
Greeters 2 Laurel Kniskern, *one needed*
Projection Technician 1 Abby LaForest

Saturday October 19 - 5:00 pm

Assisting Minister 1 Chris Kotila
Communion Asst. 1 Ron Tervo

Sunday October 20 - 8:30 am

Assisting Minister 1 Chris Harkness
Reader 1 Louise Reichert
Ushers 2 Cathy Seblonka, *one needed*

Communion Assts. 4 Beth Krznarich, *three needed*
Greeters 2 Penny Streeter, Sherry Labbe,

Sunday October 20 - 10:30 am

Assisting Minister 1 *one needed*
Reader 1 Nancy Hamlin
Ushers 2 *two needed*
Communion Assts 4 Gayle Mack, *three needed*
Greeters 2 *two needed*
Projection Technician 1 Lesley Williams

Saturday, October 26- 5:00 pm

Assisting Minister 1 Carol Bell
Communion Asstt 1 *one needed*

Sunday October 27 - 8:30 am

Assisting Minister 1 Kathy Maynard
Reader 1 Judy Quirk
Ushers 2 Anne Rydholm, *one needed*
Communion Assts 4 Judy Quirk, *three needed*
Greeters 2 Joan Tasson, Jan Vickstrom

Sunday October 27 - 10:30 am

Assisting Minister 1 *one needed*
Reader 1 *one needed*
Ushers 2 *two needed*
Communion Assts 4 *four needed*
Greeters 2 *two needed*
Projection Technician 1 Kathy Godec

Jam News

Most of your favorite varieties are still on the shelves. With fall around the corner, now is the time to buy your gifts for the holidays. A great way to support your church's ministry. Thank you.

Radio Broadcast & Livestream Sponsorship

We are in need of sponsors for weekly/ongoing radio broadcasts & livestream. If this is something you would like to support, please contact the office & share what you would like written for your sponsorship; it can be in honor or in memory of a loved one.

You can reach us by phone at 225-1119 or email at office@messiahlutheran-mqt.org. The cost of the Radio Broadcast or Livestream sponsorship is \$110.00 each.

Devotions Link

www.prayfaithfully.org is an on-line devotional reading service maintained by the Northern Great Lakes Synod and written by various pastors and laypersons.

Messiah's Church Staff:**Pastoral Staff:**

Senior Pastor.....Andrew Plocher
Associate Pastor.....Molly Hunter

Support Staff:

Parish Administrator.....Jennifer Dodge
Administrative Assistant ...Kathy Godec
Parish Accountant.....Mike Hill
Financial Secretary.....Anne Rydholm

Music Staff:

Music/Choir Director.....Sara Parks
Organist/Pianist.....Kathy Strazzinski
Bell Choir Director.....Judy Quirk
Pianist.....Jocelyn Basse

Messiah Lutheran Church
305 W. Magnetic Street
Marquette, MI 49855

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