

Messiah

Evangelical Lutheran Church

Answering God's call to love

Messiah ENewsletter for November 20, 2024

On the web... go to messiahlutheranmqt.org for more information about our congregation and "like" us on Facebook to receive updates and information there.

Messiah Lutheran Church seeks to be a welcoming community for all people. This includes people of every race, ability, sexual orientation and gender identity, ethnic background, economic grouping, religious affiliation, and political persuasion.

We do this simply because God created all people in God's own image and Christ Jesus came so all people might have abundant and eternal life.

*We may not always be as welcoming as we should be,
but this is our intention—all are welcome!*



Upcoming Events - November

Nov 21 Bible Study at 10:30 am

Nov 22 Senior Men's Bible Study at 9:00 am

Nov 23/24 Global Fair-Trade Market at Messiah

Nov 25 Katherine Larson funeral service at 11:00 am with luncheon to follow

Nov 25 11-Step Centering Prayer at 6:00 pm
Nov 26 Centering Prayer at 11:00 am
Nov 27 Brookridge Worship at 1:30 pm
Nov 28 Thanksgiving Day – church office closed

Global Fair-Trade Market This Weekend! – November 23-24

This year's Global Fair-Trade Market will be on Saturday, November 23rd and Sunday, November 24th. On Saturday it will be open to the public and the hours are 10 AM - 4 PM. On Sunday it will be open before and after the worship services. We will be selling a variety of fair-trade items, including home goods, Christmas gifts and decorations, jewelry, kitchen items, and much more from all over the world. For more information, please visit Messiah's Facebook event page. If you have questions, email Rachel Skaw at rachel.skaw@gmail.com. Please mark your calendars and share with others in our church and the community!

Bake Sale at Global Fair-Trade Market This Weekend! – November 23-24

This year's Fair-Trade Market will include a bake sale. Please donate your wrapped home-baked goods to the church office. Drop-off times are Thursday, November 21st from 12:30 to 4:30 pm and Friday, November 22nd from 3:00 - 5:00 pm. Please provide a label to identify your item and an ingredient list. This allows us to separate gluten-free and vegan items and provides allergen information for our customers. Happy baking!!!

Advent Devotionals Available

Copies of our Advent devotional “Words for the Beginning” are on the welcome table. This devotional is from A Sanctified Art and consists of art, poetry, and reflections for Advent.

Fortune Lake Fall Fest Thank You!

Fall Fest 2024 is officially a wrap, and we are so grateful for the many ways that folks supported this annual fundraiser! The quilts were stunning, the baked goods were delicious, the volunteers were hardworking, the draffle baskets were enticing, and donors were ever so generous! Thanks be to God!

All in all, we raised a total of \$29,169! Wow! We are so grateful!

The generous spirit of Fall Fest allows Fortune Lake to extend that generosity to our campers, guests, and visitors. Fundraisers like this enable us to keep our user fees reasonable so that God's grace and peace can be experienced by all who wish to visit. Thank you for supporting this important work!

Grace & Peace,
Amanda Rasner (she/her), Camp Director

P. S. Save the date of Saturday, October 4 for Fall Fest 2025! Quilts and other donations will be due by September 1.

Senior Men's Ministry

Messiah's Senior Men's Bible Study has been meeting every Friday morning at 9:00 am in room #202. Please join them on Friday morning!

Jam News

Most of your favorite varieties are still on the shelves. Now is the time to buy your gifts for the holidays. A great way to support your church's ministry. Thank you.

Centering Prayer - Tuesdays at 11:00 am

We know things at the core of our being that we have not necessarily been taught, and some of this deep knowing may actually be at odds with what our society or religion has tried to teach us....what we know in the depths of our being, (is) that the earth is sacred and that this sacredness is at the heart of every human being and life-form. "Sacred Earth, Sacred Soul" by John Philip Newell

The Christian spiritual path is based on a deepening trust in God. It is trust that first allows us to take that initial leap in the dark, to encounter God at deeper levels of ourselves. It is trust that guides the intimate refashioning of our being, the transformation of our pain, woundedness, and unconscious motivation into the person that God intended us to be.

"Intimacy with God" by Thomas Keating

We have been instructed by Jesus to behave in ways that normal humans find impossible. But would we be asked to do the impossible? Jesus told his followers that even though he was out of their sight, he was with them always and that God would send an advocate to be with them forever. "This is the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, because he abides with you, and he will be in you.....the

Advocate, the Holy Spirit, whom the Father will send in my name, will teach you everything, and remind you of all that I have said to you. Peace I leave with you; my peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled, and do not let them be afraid.” John 13:17, 26-27

Centering prayer is consenting to God's presence and action within by letting go of our worldly knowledge and concepts. To “be still and know that I AM God.” Psalm 46:10

We practice going to God with open minds and hearts via Centering Prayer every Tuesday from 11:00 am - 12:00 pm. The method is simple to learn and strengthened by communal practice. We follow our twenty minutes of silent prayer with a Lectio Divina. All are welcome.

Benefits of an 11th Step Centering Prayer Practice

There is a direct linkage among self-examination, meditation, and prayer. Taken separately, these practices can bring much relief and benefit. But when they are logically related and interwoven, the result is an unshakable foundation for life. 12 & 12

The positive effects of the prayer are experienced in daily life and not necessarily during the prayer period itself. Growth happens when we practice

Centering Prayer in the context of the 12 Steps. Some benefits are:

- We enhance our ability to “Let Go and Let God.”
- We develop a nonjudgmental attitude of ourselves & others.
- We become more comfortable in our own skin.
- We grow in our capacity to listen and serve others.
- We nurture our ability to live in the present moment

Are you searching for emotional and spiritual sobriety? Whether you have been in recovery for a long time or are just beginning, you have probably experienced many frustrated feelings that didn't just go away when you got abstinent or sober...problems with relationships, work, anxiety, depression, or feelings of emptiness. These feelings are natural for us regardless of our addiction or time in recovery. But we don't have to let emotions rule our lives. The 11th Step offers us a solution! Through the simple method of Centering Prayer, we can improve our relationship with our Higher Power by simply consenting to our Higher Power's presence and action within us. Centering Prayer is an ancient meditation practice that has been used over the centuries, but it is different from what we may think of as prayer. It is not the type of prayer we are used to, like praying for something we want. It is simply moving deep within ourselves, in silence, saying nothing, asking for nothing, just being, by letting go of our thoughts and allowing our HigherPower to be with us. (taken from 12 Step Centering Prayer brochure.)

A weekly meeting will be starting on Monday, November 4th at 6:00 pm in room 201. This is an open meeting. All are welcome. You do not need to be in a 12-step program to attend. The meeting will begin with settling in with a prayer. A bell will ring at the beginning and end of our

20-minute silence. After our sit, we will read the Prayer of St. Francis. For more information, please contact Laura Petrie 906-250-1866. Or check out the website for information about Centering Prayer: www.cp12stepoutreach.org or at www.contemplativeoutreach.org

Mitten Box

It is time to think about helping to keep others warm in this winter season. Thankfully, we have an abundance of donated yarn (under the table in the atrium) we can use to make warm accessories for the upcoming winter. So, let's grab our needles, grab a warm beverage and cozy up for some knitting or crocheting. Purchased items are always appreciated too. Our community in need is always thankful for your generosity. The collection box is in the atrium & distribution of the items is the first week of December. Thank you!

OWLS (Older, Wiser Lutherans) Weekly Walk

The OWLS are walking at Mattson Park in the lower harbor on Mondays at 10am. They meet by the bathrooms there. You can walk at your own pace. After walking the group goes to Provisions to continue visiting. If you cannot walk just come for coffee/tea. When raining, they meet at the dome. Questions? Please call Betsy at 906 345-9237.

The New Free Store Donations

The New Free Store is an inter-faith, non-profit group supporting people who express a need for free clothing, linens, hygiene & cleaning supplies. Anyone in need is welcome. Free things are offered as "in God's economy three is always enough." There is a collection bin in our narthex at Messiah for The New Free Store. They are currently collecting:

***November** – *Toothbrushes, (child/adult), Toothpaste, Dental Floss, Denture Cleaner*

***December** – *Laundry Soap, Dish Soap, Bar Soap*

Celebrate Finnish Christmas and Independence on Dec. 8

A program of music and delicious Finnish foods to celebrate Finnish Christmas and Independence Day is planned for Sunday, December 8th from 2:00 to 4:00 PM at Messiah Lutheran Church in Magnuson Hall. Messiah is located at 305 West Magnetic in Marquette.

All are welcome to attend. The program is presented by the Lake Superior Chapter of the Finlandia Foundation National. President Ron Hill will begin with a short review of how the Finns have celebrated their Independence Day on December 6th since 1917.

Musicians will include Oscar Forsman playing his accordion, Tanja Stanaway leading singing of familiar Finnish carols (words and translations provided!), and Howard Aalto playing his six-sided harmonica.

The Chapter will serve “kahvi ja pulla” (coffee and cardamom bread), Oscar Forsman will bring his “kropsua” (coffee cake) with lingonberries, and there will be “juusto” (Finn cheese) and herring on the table as well. Members are encouraged to bring other favorite Finnish foods and specialties for the table.

Membership in the Chapter is \$10 per year per family. See Membership Chair Tanja Stanaway. The Chapter seeks to collect e-mail addresses of all members and potential members so as to facilitate the distribution of the Newsletter and other notices of interest to members and friends. There will be a sign-up sheet on Sunday at the program.

Lutheran Summer Music Academy and Festival 2025

Enrollment is open for the 2025 Lutheran Summer Music Academy and Festival. The primary way that young musicians find their way to LSM is through the encouragement of a caring adult – you. Please consider the young musicians in your congregation, school, or community who would thrive at LSM and connect them with us. Contact MaryLynn Mennicke, Dean and Director of Admissions, directly at mmennicke@lutheransummermusic.org or 612 879-9555 ext. 5 or click “Nominate a Student” at LSMacademy.org. We can then work together to get them to LSM 2025!

If you don't have a direct connection to a young musician, you may have an indirect one. Share about LSM with friends, colleagues, extended family, teachers, or within your church or school. One simple connection from you could lead to a life-changing experience for a young musician!

Tell someone about LSM now – while we offer rolling admission, applications fees increase and spots will fill though the year, so we encourage student to apply early.

Important Enrollment Deadlines

- *December 1, 2024: Priority Enrollment (\$25 application fee)
 - *March 1, 2025: Standard Enrollment (\$50 application fee)
 - *May 1, 2025: Late Enrollment (\$75 application fee)
-

Messiah Birthdays

Nov 20	No birthdays
Nov 21	Brooklyn Fortin, Rachel Skaw
Nov 22	Peggy Bagley, Bradley Brow
Nov 23	Alison Cory, Steve Murto, Hannah Ruuska, Will Voskuhl
Nov 24	Donna Marlor, Tina Peterson, Jean Whitman-Shelby
Nov 25	John Bleckiner, Sally Davis, Cecelia Janda, Keith Johnstone
Nov 26	Kerry Wiese
Nov 27	Leonard Beaudoin, Beckly Blom, Bill Davis
Nov 28	Anna Rector
Nov 29	Kayla Dennis-Benam, Molly Hunter, Kerry McGinley
Nov 30	Darlene Martin
Dec 1	No birthdays
Dec 2	No birthdays
Dec 3	Cary Bjork, Jane Brow, Mark McGovern
Dec 4	Nora Dellangelo, Andrew Sander

In the Hospital

Please inform the church office when you are hospitalized. Pr. Andrew Plocher would like to visit you while you are there. If you can't notify Messiah, please ask a family member to do so.

In Our Prayers

Family and friends of Lucille Swanson who passed away; Dave Luoma; John Kiltinen; Mary Ruman; Jimmy Anderson; Jeremy; Owen; Sally Olson; Karl Kaukola; David Raikko; Larry Brunton; Charlie Blake; Carol Bell; Dorothy; Lillian Tuimala; Lynne Robertson; Jan Brown; Betsy; Karen; John & Rose Collins; Rick Castillo; Ruth Koehler; Don Hillegas; Grant; Kai Dolan; Samantha; Phyllis Champion; Ted; Bruce Lindberg; Grace Chien; Jamie; Jon Kamps; Donna; Brian; Ben; Sandy Grenke; Evelyn; Akira Carlson; Karen Eldevick; Grace; Shannon; Billy & Kathy S.; Lu Swanson; Leesa; Jesse Wright; Marshall Lovan; Peter; Shawn; Mae Desonia; Lisa Douros; Tina; Williamson family; Wayne Hanmer; Sierra; Charlene Avery

Pastor on Call:

Pastor Andrew is on call November 20-27

Pastor Molly is on sabbatical through December 1.

Worship Volunteers

Saturday, November 23 -- 5:00 pm in atrium

Assisting Minister: Carol Bell
Communion Assistant Barb Salmela

Provide Refreshments: Barb Salmela

Sunday, November 24 -- 8:30 am in sanctuary, on 101.9 FM, Vimeo/Facebook

Assisting Minister: Larry Pagel
Reader: Louise Reichert
Ushers: Mike Coyne, Anne Rydholm
Communion Assistants: Larry Pagel, Dave Blomquist, Terry Langenberg, **need one more volunteer.**

Greeters: Joan Tasson, Jan Wickstrom

Nursery: Jamie Dodge
Provide Refreshments: **Need a volunteer.**

Sunday, November 24-- 10:30 am in sanctuary, on Vimeo/Facebook

Assisting Minister Nancy Raisanen
Reader: Josh MacIvor-Andersen
Ushers: Dave and Nancy Skoog
Communion Assistants: Sandy Lindberg, **need 3 more volunteers.**

Greeters: Ellen Symons, Marina Shinkarenko
Projection Technician Abby LaForest

Nursery: Jamie Dodge
Flower Delivery **Need a volunteer.**

Announcements and Classified Ads

TV 6 Canathon

The TV 6 Canathon collection runs from November 4 – November 30. Help feed a hungry neighbor in Upper Michigan! Make a nonperishable food donation today to re-stock the

shelves of your local food pantry. There is a grocery cart in the narthex for TV 6 Canathon donations. For online monetary donations, go to www.tv6canathon.com.

Marquette Choral Society Concert – December 7/8

The Marquette Choral Society presents “Winter Delights”. The concert includes “Magnificat” by John Rutter and other winter themed works. The concert features Erin Colwitz, conductor; Amanda Boundy, soprano; Ryan Dart, guitar; and Jan Brodersen, piano and organ.

The concert will be at the Reynolds Recital Hall at NMU on Saturday, December 7 at 7:30 pm and on Sunday, December 8 at 3:00 pm. General admission is \$10.00; children under 12 \$5.00. Tickets are available at tickets.nmu.edu.

Negaunee Male Chorus Concert – December 7

The Negaunee Male Chorus presents a Christmas Concert on Saturday, December 7 at 7:00 pm at W.C. Peterson Auditorium in the Ishpeming High School. Tickets for adults are \$15.00. For age 17 and under, with an adult, admission is free. Tickets are available at Super One Foods in Negaunee, Country Village Ace in Ishpeming, Jubilee Foods in Ishpeming, TruNorth Credit Union in Ishpeming or any Male Chorus member.

Marquette Choral Society – Christmas Carol Singalong – December 20

The Marquette Choral Society presents “Christmas Carol Singalong” on Friday, December 20 at 5:00 pm. The Master of Ceremonies is Andrew LaCombe. The concert is at St. Michael Catholic Church, 401 W. Kaye Avenue, Marquette. Admission is free. Canned food or monetary donations for St. Vincent de Paul welcomed.

Holiday Meals for the Elderly

Do you know of someone in the greater Marquette area 60 years or older who will not have access to traditional Thanksgiving or Christmas dinner?

Little Brothers - Friends of the Elderly's year-round mission is to reach out in friendship to our isolated and lonely elderly neighbors. The holidays are a time when we pull out all the stops.

Elderly folks are invited to dine-in at the LBFE meal site, Marquette Elks Lodge #405, 127 N. Front Street. Transportation will be provided. Our dine-in guests are treated to a family style atmosphere incomplete with musical entertainment.

We also provide a traditional meal with dessert, and a friendship flower, that's then packaged in a bag exclusively designed by our youngest volunteers for delivery. The person knocking on their door turns this activity from a delivery into a friendship visit on this special day.

The number of meals available is limited and you must make a reservation for dine-in or delivery by Nov. 14 and Dec. 16.

Deliveries are 12:00-1:30 pm and dine-in is at 1:00 pm on each holiday. Due to the generosity of our community and volunteers, there is no cost.

Do you know someone who we should invite? Would you like to volunteer? Let's hear from you.

Contact Leslie Bek or Danielle Berg at 906-273-2575. More information about LBFE visit lbfemichigan.org.

Marquette Symphony Orchestra – 2024-2025 Season

The Marquette Symphony Orchestra has announced its concert schedule for the 2024-2025 season. Octavio Mas-Arocas, Music Director

Saturday, December 14, 2024 – 7:30 pm – Kaufman Auditorium
Sounds of the Holidays
Erin Colwitz & Matt Ludwig, Guest Conductors

Sunday, December 15, 2024 – 2:00 pm – Kaufman Auditorium
Special Holiday Matinee: Sounds of the Holidays
Abbreviated performance, about 45 minutes
Family-friendly & perfect for younger kids!

Saturday, January 18, 2025 – 4:00 pm – Kaufman Auditorium
Symphonic Broadway
with Kristen & Jimmy Ludwig

Saturday, March 1, 2025 – 7:30 pm – Kaufman Auditorium
Masterworks: Schumann Piano Concerto & Brahms
Piano Concerto in A minor – R. Schumann
with 2024 Youth Concerto Winner Hyerim Lee, piano
Symphony No. 2 – Johannes Brahms

Saturday, April 12, 2025 – 7:30 pm – Kaufman Auditorium
Festive Folk with the Knockabouts
-Festive Overture – D. Shostakovich
-Symphony No. 2 – P.L. Tchaikovsky

Season and individual tickets are on sale now at NMU Ticket Outlets.
nmu.universitytickets.com or 907 227-1032 or In-person at the Superior Dome.

Queer Conversation Book Club

The Queer Conversation Book Club meets on the first Saturday of every month from October 5 through May 3 from 1:00 pm to 3:00 pm. Join us to read LGBT+ books and graphic novels to learn and build community! The book club meets at St. Paul's Episcopal Church, 201 E. Ridge St. in Marquette. Snacks and materials are provided. This is a supportive and inclusive space for LGBT+ folks and Curious allies, for tweens, teens, and adults. Presented by Lav-YAC, Equality Michigan, and St. Paul's Episcopal Church. For more information: www.Equalitymi.org or EQMI at 906 458-8322 or St. Paul's Episcopal Church at 906 226-2912.

Lake Superior Life Care & Hospice Events

November is Hospice Month! Join us as we come together to honor, support, and raise awareness about hospice care. Throughout the month, we will be hosting a variety of events that are free and open to everyone. These events aim to educate, provide resources, and offer a space for reflection.

Community Grief Support - Loss of a loved one can look different for everyone. Let our team help you on your journey to new beginnings. This group is designed to support you with education, resources, and a safe place to listen and share. Free & open to the public. No affiliation to our hospice is required. Please call 906.225.7760 if you have any questions.

Marquette

11/20/24 5:30 - 6:30 pm

Lake Superior Life Care & Hospice office at 914 W Baraga Ave-Marquette

Gwinn

11/13/24 2:00 – 3:00 pm

Forsyth Senior Center 165 N Maple St in Gwinn

Caregiver Support Groups – Are you feeling isolated or burnt out as a caregiver? Do you experience frustration or guilt and need a safe place to process? Join us for opportunities to share your feelings, develop friendships, receive emotional support, and to learn about available community resources. There will be occasional guest speakers for relevant topics as well. This group is free and open to the public! The group is moderated by Jamie Barbieri, RN Community Outreach Coordinator from Lake Superior Life Care and Hospice. Choose the location that works best for you! Please call 906.225.7760 if you have any questions.

Marquette (2nd Wednesday of every month):

11/13/24 from 2:00 - 3:00 pm

Lake Superior Life Care & Hospice Office; 914 W. Baraga Ave.

Telephone Based: (3rd Tuesday of every month)

11/19/24 from 2:00-3:00 p.m.

Call 906-485-5527 to register.

Landline or Cell phone required to participate.

Planning Ahead Lunch & Learn – 11/20/24 11:00 am -12:00 pm

This presentation, question and answer period will cover how to plan ahead for end-of-life. Topics include funeral home pre-planning by Bjork & Zhulkie funeral home, advance care planning, and hospice. RSVP required to 906 485-5527.

Live & Learn Millcreek – **Topic: Memory Journaling** - Have you ever thought about the legacy you will leave behind? Join us as we capture memories and share in journal form the experiences of our lives and how it has shaped us and made us who we are. Our reflections and memories in writing can be a gift for those we love and for future generations. This can also help us find meaning in the life we have led. Journal materials will be provided. Free & open to the public. 11/21/24 from 2:00 p.m. – 3:00 p.m. Millcreek Clubhouse 1728 Windstone Dr, Marquette.

Agng U.P. Part 3 – Exercise your brain! 11/6/24 from 1-2 PM at the

Marquette Senior Center. We all know that our bodies need physical exercise, but did you know our brains need exercise as well? You will learn now to focus on strategies that will help strengthen your attention, concentration, decision-making, memory and problem solving. Presented by speech language pathologist Chris Harkness. Call (906) 228-0456 to make an appointment for a cognitive assessment or to RSVP for the presentation (not required).

Connected at Home -Book Club, Coffee & Conversations, & Support group options

Do you know seniors who would benefit from socialization but aren't able to leave their home or lack the ability to use zoom? We understand that some seniors are homebound due to lack of transportation, mobility issues, or being a caregiver for a loved one. There are 3 different programs one can sign up for. All that is required is a phone number and registration. Call the Ishpeming senior center to register at 906.485.5527.

Art After Loss – Creating memory boxes 11/13/24 5-7 PM at the Peter White Public Library. A memory box is a time capsule that connects an individual with the past through items that the box contains. These boxes can be created for yourself or for a loved one. Please bring a box of your choice along with special fabrics, photos, jewelry, etc. to decorate the box with. Art supplies will be provided. Please RSVP to 906.225.7760 or cvoce@lakesuperiorhospice.org. Free and open to the public!

Advance Directive Lunch & Learn 11/14/24 12-2 PM

An important step in planning for the future, no matter what your age is completing an advanced directive. This is a legal document that outlines a person's preferences or medical care and who should make decisions for them if they are unable to communicate their wishes. Please RSVP to this informative and interactive lunch and learn. A virtual option will also be available if you cannot attend in person. Please call 906.225.7760 to RSVP. Presented by Jamie Barbieri, RN Outreach Coordinator and Wendy Prevost, LMSW.

Connected at Home – Are you looking for ways to socialize without leaving the comfort of your home? All you need is a phone number to participate! Choose whichever group that you are interested in and call to register! Groups that are offered – Caregiver support group: every 3rd Tuesday of the month 2-3 PM, Book Club: Every first Monday 11-12PM hosted by Ishpeming Library, & Coffee & Conversations: Every Wednesday 1-2 PM Topics vary. Please call the Ishpeming Senior Center to register at 906.485.5527.

Do you have an announcement?

Send announcements & ads to Kathy Godec (kathy@messiahlutheranmqt.org). Send concert or performance information, yard sale announcements, party invitations, requests for babysitters, yard maintenance, rooms for rent and items for sale. E-newsletter deadline is 12:00 pm on Tuesdays.

Messiah Contact Information

Messiah Lutheran Church
305 W. Magnetic St.
Marquette, MI 49855

Phone: 906-225-1119

Fax: 906-225-5025

Email: office@messiahlutheranmqt.org

Website: <https://www.messiahlutheranmqt.org/>

Pastoral Staff

Senior Pastor - Andrew Plocher

Associate Pastor - Molly Hunter

Office Staff

Parish Administrator - Jennifer Dodge

Administrative Assistant – Kathy Godec

Parish Accountant - Mike Hill

Financial Secretary – Anne Rydholm

Music Staff

Director of Music – Sara Parks

Bell Choir Director - Judy Quirk

Organist/Pianist - Kathy Strazzinski

Pianist – Jacob Schmeltzer & Jocelyn Basse