

# Messiah

Evangelical Lutheran Church

---

Answering God's call to love

---

## Messiah ENewsletter for January 8, 2025

On the web... go to [messiahlutheranmqt.org](http://messiahlutheranmqt.org) for more information about our congregation and "like" us on Facebook to receive updates and information there.

---

*Messiah Lutheran Church seeks to be a welcoming community for all people. This includes people of every race, ability, sexual orientation and gender identity, ethnic background, economic grouping, religious affiliation, and political persuasion.*

*We do this simply because God created all people in God's own image and Christ Jesus came so all people might have abundant and eternal life.*

*We may not always be as welcoming as we should be, but this is our intention—all are welcome!*

---

### Brookridge Worship Today!

Join us for worship at Brookridge Heights today at 1:30 pm. All are welcome!

---

### Upcoming Events - January

- Jan 8 Brookridge Worship at 1:30 pm
- Jan 9 Bible Study at 10:30 am
- Jan 10 Senior Men's Bible Study at 9:00 am
- Jan 11 Confirmation at Prince of Peace at 9:00 am
- Jan 13 11-Step Centering Prayer at 6:00 pm
- Jan 14 Centering Prayer at 11:00 am
- Jan 16 Bible Study at 10:30 am

Jan 17 Senior Men's Bible Study at 9:00 am  
Jan 20 11-Step Centering Prayer at 6:00 pm  
Jan 21 Centering Prayer at 11:00 am  
Jan 22 Brookridge Worship at 1:30 pm  
Jan 26 Budget Forum at 9:30 am in Magnuson Hall

---

## **Confirmation & High School Youth Event – January 12**

All events are free (unless specified) and open to 6th – 12th graders, youth leaders, and pastors. Pre-registration is encouraged by contacting the event leaders below to help ensure enough supplies. If you would like to lead a youth event in your Conference, please email Stefanie Ehle ([youthcoordinator@nglsynod.org](mailto:youthcoordinator@nglsynod.org))

Sunday, January 12th – Superior Conference - Sledding!

Superior Conference youth between 6th-12th grade are invited to meet at Bethany Lutheran Church in Ishpeming on January 12 for dinner & sledding. Bring warm clothes and a sled, if you have one! Contact Pr. Mills with questions or to RSVP to [pastor@jmichaelmills.org](mailto:pastor@jmichaelmills.org).

Location: – Bethany Lutheran Church - 715 Mather Avenue, Ishpeming

Time: 4:00 – 6:00 pm on January 12

Contact: Pr. Mills, [pastor@jmichaelmills.org](mailto:pastor@jmichaelmills.org)

Connect with NGLS Youth Ministry online to receive the latest updates!

---

## **Senior Men's Ministry**

Messiah's Senior Men's Bible Study has been meeting every Friday morning at 9:00 am in room #202. Please join them on Friday morning!

---

## **OWLs Dinner Gathering – January 19**

The OWLs will be gathering for dinner at Red Lobster on Sunday, January 19th at 3:00 pm.

There is a sign-up sheet on the Welcome Tale in the narthex. We need to let Red Lobster staff know how many to expect by January 15<sup>th</sup>.

---

## **2025 Budget Forum – January 26**

Mike Hill will be present in Magnuson Hall on Sunday, January 26<sup>th</sup> during coffee hour to answer any questions you may have regarding the 2025 budget for Messiah. The annual reports will be available for pick up on January 25/26.

---

## **Lenten Planning Team - January 27**

Pr. Molly and Pr. Andrew are continuing a vision for a new style of task force that will be helping to plan a season of the church year. During Advent, the classes, theme, and elements of worship were all thoughtfully chosen by our third seasonal planning task force. The task force's role is to give input on themes, music and decoration for worship, what should be done for adult and youth education, family events, outreach to the community and anything else that you would like to see happen during that season. You will not be fully responsible for making events and programs happen, we mostly crave your input and then will ask a wider range of volunteers. We hope that this will expand what we are doing and bring the community into our planning process. We want to know what you desire and how we can bring that to fruition throughout the seasons of the church. If you are interested in joining this team, please contact either the church office or Pr. Molly by **January 15th**.

Our first meeting will be on Monday, January 27th at 5:00 pm. The commitment to this team is generally 3-4 meetings and typically ends once the season begins (March 5th).

---

## **Start the New Year with a Fresh Perspective! – January 30**

Book Study: Four Thousand Weeks: Time Management for Mortals by Oliver Burkeman

### **Thursday, January 30th, 7:00 pm in Magnuson Hall**

As the New Year begins, many of us are thinking about resolutions and how to make the most of our time. Join Pr. Andrew and kick off the year with a book study on Four Thousand Weeks: Time Management for Mortals by Oliver Burkeman. This thought-provoking book offers a refreshing alternative to the endless cycle of productivity, showing us how to embrace the gift of time and focus on what truly matters.

Join us as we explore how to live with greater purpose, clarity, and joy in the year ahead.

Whether you're seeking to set meaningful resolutions or simply want to approach your time differently, this discussion is the perfect way to start the year on the right foot.

The group will meet on Thursday, January 30th, at 7:00 pm in Magnuson Hall. Copies of Four Thousand Weeks are available for purchase in the church office for \$12.

Take this opportunity to reflect, connect, and gain fresh insights to guide your year. Please RSVP to the church office (or sign up on the Welcome Table).

---

## **Annual Meeting 'Save the Date' – February 2**

Our annual meeting is set for Sunday, February 2nd following our 10:30 worship service. It will be held in Magnuson Hall with a potluck lunch and then the meeting. The meeting should start about 12:45 pm. You can bring a dish to pass based on the first letter of your last name, as follows: A-K Casserole/Hot Dish, L-S Salad/Side, T-Z Dessert.

---

## **Centering Prayer - Tuesdays at 11:00 am**

Do you know the meaning of life? Have you accepted the fact that as hard as we work to have a “good” life, it all ends anyway? So, what is the point?

Jesus taught us that the point is to accept God's Love for ourselves, so that we are able to share that love with the world. How do we do that? Jesus modeled for us how to do that. He regularly went to God, Whom Jesus identified as a loving Abba, and listened. Centering prayer is that kind of approach to God. We humbly acknowledge our ignorance and consent to God's Presence and action within. What we receive is unconditional love and grace, and answers to the questions we didn't know we had. Regular meditation practice opens the mind to new perception and brings the Advocate online to help us through our day-to-day lives.

We may miss the answer to our prayers because we have something specific in mind, when the answer is something more than we can imagine. Centering prayer opens our minds to what we don't know. It is also of benefit to practice with others. For where two or three are gathered in my name, I am there among them. Matthew 18:20

We meet each Tuesday at Messiah from 11-12 noon. You don't have to commit to regular attendance, and you don't need to have ever tried meditation or centering prayer. The practice is simple:

Choose a sacred word as a symbol of your intention to consent to God's presence and action within.

Sitting comfortably and with eyes closed settle briefly and silently introduce the sacred word.

When engaged with thoughts\*, return ever-so-gently to the sacred word.

At the end of the prayer period (typically twenty minutes) remain in silence with eyes closed for a couple of minutes.

\*Thoughts include body sensations, feelings, images and reflections.

Additional opportunities to join others in meditation practice:

1. Tuesdays: Weekly Drop-In Meditation is held in the Heritage Room at Peter White Public Library from 6:00-7:00 pm.
2. [www.Meditationchapel.org](http://www.Meditationchapel.org) offers many online zoom meditation groups of all kinds.

---

## **Benefits of an 11th Step Centering Prayer Practice**

There is a direct linkage among self-examination, meditation, and prayer. Taken separately, these practices can bring much relief and benefit. But when they are logically related and interwoven, the result is an unshakable foundation for life. 12 & 12

The positive effects of the prayer are experienced in daily life and not necessarily during the prayer period itself. Growth happens when we practice

Centering Prayer in the context of the 12 Steps. Some benefits are:

- We enhance our ability to “Let Go and Let God.”
- We develop a nonjudgmental attitude of ourselves & others.
- We become more comfortable in our own skin.
- We grow in our capacity to listen and serve others.
- We nurture our ability to live in the present moment

Are you searching for emotional and spiritual sobriety? Whether you have been in recovery for a long time or are just beginning, you have probably experienced many frustrated feelings that didn't just go away when you got abstinent or sober...problems with relationships, work, anxiety, depression, or feelings of emptiness. These feelings are natural for us regardless of our addiction or time in recovery. But we don't have to let emotions rule our lives. The 11th Step offers us a solution! Through the simple method of Centering Prayer, we can improve our relationship with our Higher Power by simply consenting to our Higher Power's presence and action within us. Centering Prayer is an ancient meditation practice that has been used over the centuries, but it is different from what we may think of as prayer. It is not the type of prayer we are used to, like praying for something we want. It is simply moving deep within ourselves, in silence, saying nothing, asking for nothing, just being, by letting go of our thoughts and allowing our HigherPower to be with us. (taken from 12 Step Centering Prayer brochure.)

A weekly meeting will be starting on Monday, November 4th at 6:00 pm in room 201. This is an open meeting. All are welcome. You do not need to be in a 12-step program to attend. The meeting will begin with settling in with a prayer. A bell will ring at the beginning and end of our 20-minute silence. After our sit, we will read the Prayer of St. Francis. For more information, please contact Laura Petrie 906-250-1866. Or check out the website for information about Centering Prayer: [www.cp12stepoutreach.org](http://www.cp12stepoutreach.org) or at [www.contemplativeoutreach.org](http://www.contemplativeoutreach.org)

---

## **Messiah's Nursery**

We are looking to employ another person to work in our nursery on Sunday mornings. Anyone applying would need to be at least 18 years of age and would go through a background check for the safety of our children. You may work one or two Sundays each month, and sometimes more, but rare. If you are interested in joining the nursery team, please inquire in the office.

Thank you!

---

## **OWLs (Older, Wiser Lutherans) Weekly Walk**

The OWLS are now walking at the Dome, when it is open, on Mondays. We meet at the main entrance at 10:00 am. You can walk at your own pace. After walking the group goes to

Provisions to continue visiting. If you cannot walk just come for coffee/tea. Questions? Please call Betsy or the church office.

---

### **The New Free Store Donations**

The New Free Store is an inter-faith, non-profit group supporting people who express a need for free clothing, linens, hygiene & cleaning supplies. Anyone in need is welcome. Free things are offered as “in God’s economy three is always enough.” There is a collection bin in our narthex at Messiah for The New Free Store. They are currently collecting:

\***January** – *Toothbrushes, (child/adult), Toothpaste, Dental Floss, Denture Cleaner*

\***February** – *Hand Sanitizer, Toilet Paper (4 or 6 rolls/pack)*

---

### **Lifelong Learning Faith Formation**

Winter classes begin in January and February. For more information and to register, visit the Northern Great Lakes Synod website: [nglsynod.org/lifelong-faith-formation](http://nglsynod.org/lifelong-faith-formation).

Youth ministry, the Bible, church traditions, and “Walking With Our Indigenous Neighbors” are included in the focus of Lifelong Faith Formation this winter. In its fifth year, the program is one way for the people of the Northern Great Lakes Synod, and beyond, to take part in conversations that nurture spiritual growth and Christian community. Four courses will meet online via Zoom. One, “Take and Eat,” will meet in person at Immanuel Lutheran in Escanaba.

#### **Winter 2025 Lifelong Faith Formation Class Schedule**

**Introduction to Biblical Greek II with Pastor Nicole Hanson-Lynn, Salem & Zion, Ironwood.** Sunday evenings, beginning January 19 (end date to be determined) 7-8 pm, Eastern Time, 6-7 pm Central Time.

**Walking With Our Indigenous Neighbors with members of the Walking With Our Indigenous Neighbors Synod Task Force.** Tuesday evenings for 4 weeks, February 4-25 from 7-8 pm Eastern Time, 6-7 pm Central Time.

**Take and Eat: A Study of Food and Spirituality, from Holy Communion to Potlucks with Pastor Mike Markwell, meeting at Immanuel, Escanaba.** Every other Wednesday evening, January 22 – March 5 from 6-7 pm Eastern Time , 5-6 pm Central Time.

**Revelation – Revealing a Boon of Hope & Comfort with Pastor Tommy Richter, Zion, Manistique.** Thursday evenings for 10 weeks, January 16 – March 20, 7-8 pm Eastern Time, 6-7 pm Central Time.

**Growing Younger: Sharing Ideas and Strategies to Engage Young People with Stefanie Ehle, Youth Coordinator, Northern Great Lake Synod and members of the Youth Ministry Team.** Third Thursday of each month, January 16 – May 15, 7-8 pm Eastern Time, 6-7 pm Central Time.

Courses are free but may require purchase of textbooks. Please register at least one week before the date your class begins.

Any questions? Contact Deacon Lori Ward at 615 519-1969 or [lori.ward@nglsynod.org](mailto:lori.ward@nglsynod.org).

---

## **Lutheran Summer Music Academy and Festival 2025**

Enrollment is open for the 2025 Lutheran Summer Music Academy and Festival. The primary way that young musicians find their way to LSM is through the encouragement of a caring adult – you. Please consider the young musicians in your congregation, school, or community who would thrive at LSM and connect them with us. Contact MaryLynn Mennicke, Dean and Director of Admissions, directly at [mmennicke@lutheransummermusic.org](mailto:mmennicke@lutheransummermusic.org) or 612 879-9555 ext. 5 or click “Nominate a Student” at [LSMacademy.org](http://LSMacademy.org). We can then work together to get them to LSM 2025!

If you don't have a direct connection to a young musician, you may have an indirect one. Share about LSM with friends, colleagues, extended family, teachers, or within your church or school. One simple connection from you could lead to a life-changing experience for a young musician!

Tell someone about LSM now – while we offer rolling admission, applications fees increase and spots will fill though the year, so we encourage student to apply early.

### **Important Enrollment Deadlines**

- \*December 1, 2024: Priority Enrollment (\$25 application fee)
  - \*March 1, 2025: Standard Enrollment (\$50 application fee)
  - \*May 1, 2025: Late Enrollment (\$75 application fee)
- 

## **A Daily Guide for the Start of the Year**

### January 1 – Fresh Start

Take a moment to reflect on your hopes for the new year. Write down one way you will nurture hope in your life this month.

### January 2 – A Prayer for the World

Pray for peace in the world. Ask God, our Creator and Sustainer, to inspire all people to live with compassion and justice.

### January 3 – Share a Kind Word

Reach out to someone you care about with a kind message or compliment. Brighten their day with your words.

### January 4 – Sabbath Rest

Set aside an hour for rest and renewal today. Listen to what your body and spirit need and trust that God delights in your rest.

### January 5 – Blessing of the Home

Pray for your home: “God of love, bless this space and all who dwell here. May it be a haven of hope, love, and peace.”

### January 6 – Epiphany: Light a Candle

On this day when we remember the light of Christ revealed to the world, light a candle and ask God to fill you with hope and courage to share that light.

### January 7 – Love Yourself

Practice self-compassion today. Write down one thing you love about yourself and thank God for creating you so wonderfully.

### January 8 – Acts of Service

Do a small act of service for someone in need today. It could be helping a neighbor, donating to a charity, or volunteering your time.

### January 9 – Hope in Creation

Spend time outside or look at the beauty of nature. Let God’s creation remind you of renewal and resilience.

### January 10 – Send a Note

Write a note of encouragement to someone who might be struggling. Let them know they are seen and loved.

### January 11 – Scripture of Hope

Read Romans 15:13: “May the God of hope fill you with all joy and peace in believing.” Reflect on how God brings hope in your life.

### January 12 – Share a Meal

Invite someone to share a meal with you, whether at home, a café, or a soup kitchen. Break bread together and celebrate community.

### January 13 – Gratitude Journal

Write down three things you are grateful for today. Let gratitude grow your hope.



#### January 14 – Pray for the Lonely

Pray for those who feel isolated or unseen, asking God to bring people into their lives to share love and joy.

#### January 15 – Love the Neighbor You Disagree With

Think of someone with whom you've disagreed. Ask God to help you see them as a beloved child of God.

#### January 16 – Renew Your Spirit

Do something that brings you joy and rest—read a book, take a walk, listen to music, or sit in silence with God.

#### January 17 – Share Hope with Children

Spend time with a child or pray for the children in your life. Remind them they are loved and cherished by God.

#### January 18 – Care for the Vulnerable

Take action to help someone in need today, whether it's donating warm clothing, offering a ride, or simply being a listening ear.

#### January 19 – Forgiveness

Is there someone you need to forgive? Pray for the grace to let go of resentment and trust God to heal.

#### January 20 – Martin Luther King Jr. Day Reflection

Reflect on how you can work for justice and equality in your community. Ask God for courage to bring love where there is division.

#### January 21 – Mindful Breathing

Take 5 minutes to sit quietly and breathe deeply. Imagine God's Spirit filling you with peace and hope.

#### January 22 – Reconcile

Reach out to someone with whom you've lost touch or had conflict. Let God guide your words of healing.

#### January 23 – Be Still and Know

Sit with Psalm 46:10: "Be still and know that I am God." Let the silence remind you of God's abiding presence.

#### January 24 – Random Act of Kindness

Do something kind for a stranger today. It could be holding a door, paying for their coffee, or simply smiling.

#### January 25 – Celebrate Community

Reflect on what you value about your church family. Pray for Messiah Lutheran Church and its mission to share love and hope.

### January 26 – Let Go of Worry

Write down something you're worried about. Offer it to God, trusting in the Spirit's presence and peace.

### January 27 – Practice Hospitality

Invite someone into your space or life today—a friend, a neighbor, or a newcomer. Share God's welcome with them.

### January 28 – Give Thanks for Helpers

Thank someone who has been a source of help or encouragement to you. A simple thank-you note or call can make a difference.

### January 29 – Hope in Scripture

Read Jeremiah 29:11: "For I know the plans I have for you, says the Lord, plans for your welfare and not for harm, to give you a future with hope."

### January 30 – Care for Yourself

Make time to care for your body, mind, and spirit today—whether it's a walk, a healthy meal, or quiet time with God.

### January 31 – Prayer for the Future

Offer this prayer: "God of hope, guide me into the new month with faith and courage. Help me to love myself, my neighbor, and all creation. Amen"

---

## **Messiah Birthdays**

Jan 8	Anne Engman
Jan 9	No birthdays
Jan 10	Dave Blomquist, Sherry Johnson, Luke Stevens, Tom Wagner
Jan 11	No birthdays
Jan 12	No birthdays
Jan 13	Bob Cambensy, Kaitlin Sellers
Jan 14	No birthdays
Jan 15	Hal Martin, Anne Rydholm
Jan 16	Bev Evans
Jan 17	Inga Banitt
Jan 18	Valerie Jewett
Jan 19	Lucy Contois, Mae DeSonia, Bill Maki
Jan 20	Tanner Delpier, Gayle Van Osdol
Jan 21	No birthdays
Jan 22	Amy Froiland, Minna Salmela

---

## **In the Hospital**

Please inform the church office when you are hospitalized. Pr. Molly Hunter & Pr. Andrew Plocher would like to visit you while you are there. If you are unable to notify Messiah, please ask a family member to do so.

---

## **In Our Prayers**

Myra; Becky Abbey; John & Kim Miller; Mary Beals; Katie; John Kiltinen; Mary Ruman; Jimmy Anderson; Jeremy; Owen; Sally Olson; David Raikko; Larry Brunton; Charlie Blake; Carol Bell; Dorothy; Lillian Tuimala; Lynne Robertson; Jan Brown; Betsy; Karen; John & Rose Collins; Rick Castillo; Ruth Koehler; Don Hillegas; Grant; Kai Dolan; Samantha; Ted; Bruce Lindberg; Grace Chien; Jamie; Donna; Brian; Ben; Sandy Grenke; Evelyn; Akira Carlson; Karen Eldevick; Grace; Shannon; Billy & Kathy S.; Leesa; Jesse Wright; Marshall Lovan; Peter; Shawn; Mae Desonia; Lisa Douros; Tina; Williamson family; Wayne Hanmer; Sierra; Charlene Avery

---

## **Pastor on Call:**

Pastor Andrew is on vacation January 12-15

Pastor Molly is on call January 8-11

---

## **Worship Volunteers**

### **Saturday, January 11 -- 5:00 pm in atrium**

Assisting Minister      Chris Kotila

Communion Assistant    **Volunteer needed.**

Provide Refreshments:   **Volunteer needed.**

### **Sunday, January 12 -- 8:30 am in sanctuary, on 101.9 FM, Vimeo/Facebook**

Assisting Minister:      Chris Harkness

Reader:                      Larry Pagel

Ushers:                      Sten Taube, Cathy Seblonka

Communion Assistants:   Larry Pagel, Dave Blomquist, Beth Krznarich

Greeters:                    Darlene Martin, **one volunteer needed.**

Nursery:                      Maddie Dykema

Provide Refreshments: **Volunteer needed.**

## **Sunday, January 12 -- 10:30 am in sanctuary, on Vimeo/Facebook**

Assisting Minister Molly Luty

Reader: Gayle Van Osdol

Ushers: Dave and Nancy Skoog

Communion Assistants: Gayle Mack, Sandy Lindberg, **one volunteer needed.**

Greeters: Gayle Van Osdol, Ellen Symons

Projection Technician Kathy Godec

Nursery: Maddie Dykema

Flower Delivery **Volunteer needed.**

## **Announcements and Classified Ads**

### **Get Your Garden Growing – February 2**

"Come and learn how to grow a healthy, productive garden with Master Gardener Gary Heilig at the Marquette Seventh-day Adventist Church, 270 US 41 East, Negaunee, on Sunday February 2<sup>nd</sup> starting at 4:00 p.m. This FREE event includes a plant-based meal. Please RSVP at (906) 475-4488 or [mqtsdachurch@gmail.com](mailto:mqtsdachurch@gmail.com)"

---

### **Free 2025 Calendars**

There are many 2025 calendars on the table over by the drive-through entrance. They are free to whoever wants them. Please help yourself.

---

### **Marquette Symphony Orchestra – 2025 Season**

The Marquette Symphony Orchestra has announced its concert schedule for the 2024-2025 season. Octavio Mas-Arocas, Music Director

Saturday, January 18, 2025 – 4:00 pm – Kaufman Auditorium

Symphonic Broadway

with Kristen Beth Williams & Jimmy Ludwig, Vocalists

Featuring selections from **Phantom of the Opera**, **Mamma Mia**, **Sweeney Todd**, **Chicago**, and **Fiddler on the Roof**.

Saturday, March 1, 2025 – 7:30 pm – Kaufman Auditorium

Romantic Masters - Schumann Piano Concerto & Brahms  
Piano Concerto in A minor – R. Schumann  
with 2024 Youth Concerto Winner Hyerim Lee, piano  
Symphony No. 2 – Johannes Brahms

Saturday, April 12, 2025 – 7:30 pm – Kaufman Auditorium  
Festive Folk with the Knockabouts  
-Festive Overture – D. Shostakovich  
-Symphony No. 2 – P.L. Tchaikovsky

Season and individual tickets are on sale now at NMU Ticket Outlets.  
[nmu.universitytickets.com](http://nmu.universitytickets.com) or 907 227-1032 or In-person at the Superior Dome.

---

### **Queer Conversation Book Club**

The Queer Conversation Book Club meets on the first Saturday of every month from October 5 through May 3 from 1:00 pm to 3:00 pm. Join us to read LGBT+ books and graphic novels to learn and build community! The book club meets at St. Paul's Episcopal Church, 201 E. Ridge St. in Marquette. Snacks and materials are provided. This is a supportive and inclusive space for LGBT+ folks and Curious allies, for tweens, teens, and adults. Presented by Lav-YAC, Equality Michigan, and St. Paul's Episcopal Church. For more information: [www.Equalitymi.org](http://www.Equalitymi.org) or EQMI at 906 458-8322 or St. Paul's Episcopal Church at 906 226-2912.

---

### **Lake Superior Life Care & Hospice Events**

**Community Grief Support** - Loss of a loved one can look different for everyone. Let our team help you on your journey to new beginnings. This group is designed to support you with education, resources, and a safe place to listen and share. Free & open to the public. No affiliation with our hospice is required. Choose the location that works best for you! Please call 906.225.7760 if you have any questions.

#### Marquette

1/15/25 5:30 - 6:30 pm; Lake Superior Life Care & Hospice office at 914 W Baraga Ave in Marquette

#### Gwinn

1/8/25 2:00 - 3:00 pm; Forsyth Senior Center 165 N. Maple St in Gwinn

**Caregiver Support Groups** – Are you feeling isolated or burned out as a caregiver? Do you experience frustration or guilt and need a safe place to process? Join us for opportunities to share your feelings, develop friendships, receive emotional support, and to learn about available community resources. There will be occasional guest speakers for relevant topics as well. This group is free and open to the public! The group is Moderated by Jamie Barbieri, RN Community Outreach Coordinator from Lake Superior Life Care and Hospice. Please call 906.225.7760 if you have any questions.

**Marquette:**

2nd Wednesday of every month

1/8/25 2:00 - 3:00 pm

Lake Superior Life Care & Hospice

914 W. Baraga Ave

**Telephone Based:**

3rd Tuesday of every month

1/21/25 2:00-3:00 pm

Call 906.485.5527 to register

Landline or Cell phone required to participate

***\*New\* Grief Support Series starting in February!*** *Loss of a loved one can look different for everyone. We will be exploring feelings, support, and tools to help guide you on your grief journey. Please join us, in a safe place to learn and share about the tender moments of grief.*

*This group will now contain a combination of both structured and open grief sharing.*

*Groups will take place every other Thursday starting February 6 – April 17 from 10:30 - 11:30 am at Lake Superior Life Care & Hospice, located at 914 W Baraga Ave in Marquette. Please RSVP by 1/31/25. Contact number: 906.225.7760.*

**Connected at Home** – Are you looking for ways to socialize without leaving the comfort of your home? All you need is a phone number to participate! Choose whichever group that you are interested in and call to register! Groups that are offered – Caregiver support group: every 3rd Tuesday/mo. from 2:00 - 3:00 pm, Book Club: Every first Monday/mo. 11:00 am - 12:00 pm hosted by Ishpeming Library, and Coffee & Conversations: Every Wednesday from 1:00 - 2:00 pm. Topics vary. Please call the Ishpeming senior center to register at 906.485.5527.

Registration now open for **Virtual Powerful Tools for Caregivers Class** - This 6 week **online** workshop is designed to help you take care of **yourself** while caring for a parent, spouse, or friend, at home, in a nursing home, or across the country.

Wednesdays February 26<sup>th</sup> - April 2<sup>nd</sup> 2025

11:00 AM - 12:30 PM Via Zoom

---

**Do you have an announcement?**

Send announcements & ads to Kathy Godec (kathy@messiahlutheranmqt.org). Send concert or performance information, yard sale announcements, party invitations, requests for babysitters, yard maintenance, rooms for rent and items for sale. E-newsletter deadline is 12:00 pm on Tuesdays.

---

## **Messiah Contact Information**

Messiah Lutheran Church  
305 W. Magnetic St.  
Marquette, MI 49855

Phone: 906-225-1119

Fax: 906-225-5025

Email: [office@messiahlutheranmqt.org](mailto:office@messiahlutheranmqt.org)

Website: <https://www.messiahlutheranmqt.org/>

## **Pastoral Staff**

Senior Pastor - Andrew Plocher  
Associate Pastor - Molly Hunter

## **Office Staff**

Parish Administrator - Jennifer Dodge  
Administrative Assistant – Kathy Godec  
Parish Accountant - Mike Hill  
Financial Secretary – Anne Rydholm

## **Music Staff**

Director of Music – Sara Parks  
Bell Choir Director - Judy Quirk  
Organist/Pianist - Kathy Strazzinski  
Pianist – Jacob Schmeltzer & Jocelyn Basse