

Evangelical Lutheran Church

Answering God's call to love

Messiah ENewsletter for January 29, 2025

On the web... go to messiahlutheranmqt.org for more information about our congregation and "like" us on Facebook to receive updates and information there.

Messiah Lutheran Church seeks to be a welcoming community for all people.

This includes people of every race, ability, sexual orientation and gender identity, ethnic background, economic grouping, religious affiliation, and political persuasion.

We do this simply because God created all people in God's own image and Christ Jesus came so all people might have abundant and eternal life.

We may not always be as welcoming as we should be, but this is our intention—all are welcome!

Help Needed – Community Meal

We still need volunteers to help with our community meal next Wednesday, February 5. We need 2 more volunteers to serve and 2 more volunteers to help with cleaning up. If you can help, please let us know in the church office or add your name to the sign up sheet on the welcome table.

Upcoming Events – January/February

| Jan 30 | Bible Study at 10:30 am |
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| Jan 30 | Book Study "Four Thousand Weeks" at 7:00 pm |
| Jan 31 | Senior Men's Bible Study at 9:00 am |
| Feb 2 | Annual Meeting & potluck lunch following 10:30 am Worship |

| Feb 3 | 11-Step Centering Prayer at 6:00 pm |
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| Feb 4 | Centering Prayer at 11:00 am |
| Feb 5 | Community Meal at 6:00 pm |
| Feb 6 | Bible Study at 10:30 am |
| Feb 7 | Senior Men's Bible Study at 9:00 am |
| Feb 8 | Confirmation at Bethel, Ishpeming from 9:00 am to 12:00 pm |
| Feb 10 | 11-Step Centering Prayer at 6:00 pm |
| Feb 11 | Centering Prayer at 11:00 am |
| Feb 12 | Brookridge Worship at 1:30 pm |
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Senior Men's Ministry

Messiah's Senior Men's Bible Study has been meeting every Friday morning at 9:00 am in room #202. Please join them on Friday morning!

Start the New Year with a Fresh Perspective! - January 30

Book Study: Four Thousand Weeks: Time Management for Mortals by Oliver Burkeman Thursday, January 30th, 7:00 pm in Magnuson Hall

As the New Year begins, many of us are thinking about resolutions and how to make the most of our time. Join Pr. Andrew and kick off the year with a book study on Four Thousand Weeks: Time Management for Mortals by Oliver Burkeman. This thought-provoking book offers a refreshing alternative to the endless cycle of productivity, showing us how to embrace the gift of time and focus on what truly matters.

Join us as we explore how to live with greater purpose, clarity, and joy in the year ahead. Whether you're seeking to set meaningful resolutions or simply want to approach your time differently, this discussion is the perfect way to start the year on the right foot.

The group will meet on Thursday, January 30th, at 7:00 pm in Magnuson Hall. Copies of Four Thousand Weeks are available for purchase in the church office for \$12.

Take this opportunity to reflect, connect, and gain fresh insights to guide your year. Please RSVP to the church office (or sign up on the Welcome Table).

Annual Meeting – February 2

Our annual meeting is set for Sunday, February 2nd following our 10:30 worship service. It will be held in Magnuson Hall with a potluck lunch and then the meeting. The meeting should start about 12:45 pm. You can bring a dish to pass based on the first letter of your last name, as follows: A-K Casserole/Hot Dish, L-S Salad/Side, T-Z Dessert. You are welcome to bring

something different, if you choose. Messiah will provide chicken pieces to go along with the potluck.

Community Meal – February 5

We will have a community meal on Wednesday, February 5 at 6:00 pm. The cooks will be serving sloppy joes! There will be a vegan option. Please join us for food and fellowship. We look forward to sharing a meal with you!

Suppers for Seven

Suppers for Seven sign-up will take place again in February for groups that will meet for the following 6 months (March – August). We heard that you wanted more time to get to know your group, and we want to honor that. Please sign up at the welcome table outside of the church office by February 23rd. You will receive your groups the following week via email. Even if you have signed up before, you need to re-sign-up yourself or your family to be included in this next round. Never been in a group before? These are intergenerational supper groups that meet once a month for a potluck-style meal or at a restaurant, depending on what your group decides. We hope that they will help you get to know people outside your service and circle better so that we can feel connected to one another as siblings in Christ. Questions? Contact Pr. Molly.

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Collecting Items for Baby Care Kits

Rachel Circle will be collecting items in February for the Baby Care Kits that are assembled for Lutheran World Relief. The following items are needed in 6 months - 24 months/2T sizes:

- Lightweight cotton T-Shirts (no-onesies)
- Long or short sleeved sleepers, P.J.'s or gowns (without feet)
- Plain, Hooded Sweatshirts
- · Hand Towels, dark colors

There is a collection bin by the office. Thank you for your help! --- Rachel Circle

Centering Prayer - Tuesdays at 11:00 am

"Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you." 1 Thessalonians 5:16-18

How to do this? In Invitation to Love, Thomas Keating suggests: "Another practice for daily life is to work an active prayer sentence...into our subconscious memory by saying it at moments when we are not engaged in a kind of activity that requires our attention."

My "sacred word" for centering prayer is "Love"--specifically, Divine Love. So, when I am walking my dogs, I repeat the word, "Love" and picture Divine Love growing within as I breathe in and going out to this aching world as I breathe out.

When I find myself anxiously rushing through my day, I refocus by asking myself, "What is the purpose of what you are doing right now?" If it is washing dishes the answer is, "to clean the dishes" and then, I become mindful of THAT purpose for THAT moment and voila!--I am calmer.

These, I have found, are just some of the fruits of a regular meditation practice. In Centering Prayer, we aren't petitioning God to give us what we think we need—we are opening ourselves to receiving the boundless grace and unconditional Love that God is always pouring upon us. Feel free to join us to practice centering prayer on Tuesday mornings from 11:00 am - 12:00 pm. Twenty minutes of silent prayer are followed by a Lectio Divina for us to consider together. All are welcome and it is not necessary to make every meeting. Come as you can.

Messiah's Nursery

We are looking to employ another person to work in our nursery on Sunday mornings. Anyone applying would need to be at least 18 years of age and would go through a background check for the safety of our children. You may work one or two Sundays each month, and sometimes more, but rare. If you are interested in joining the nursery team, please inquire in the office. Thank you!

OWLs (Older, Wiser Lutherans) Weekly Walk

The OWLS are now walking at the Dome, when it is open, on Mondays. We meet at the main entrance at 10:00 am. You can walk at your own pace. After walking the group goes to Provisions to continue visiting. If you cannot walk just come for coffee/tea. Questions? Please call Betsy or the church office.

The New Free Store Donations

The New Free Store is an inter-faith, non-profit group supporting people who express a need for free clothing, linens, hygiene & cleaning supplies. Anyone in need is welcome. Free things

are offered as "in God's economy three is always enough." There is a collection bin in our narthex at Messiah for The New Free Store. They are currently collecting:

*January – Toothbrushes, (child/adult), Toothpaste, Dental Floss, Denture Cleaner

*February – Hand Sanitizer, Toilet Paper (4 or 6 rolls/pack)

Lifelong Learning Faith Formation

Winter classes begin in January and February. For more information and to register, visit the Northern Great Lakes Synod website: nglsynod.org/lifelong-faith-formation.

Youth ministry, the Bible, church traditions, and "Walking With Our Indigenous Neighbors" are included in the focus of Lifelong Faith Formation this winter. In its fifth year, the program is one way for the people of the Northern Great Lakes Synod, and beyond, to take part in conversations that nurture spiritual growth and Christian community. Four courses will meet online via Zoom. One, "Take and Eat," will meet in person at Immanuel Lutheran in Escanaba.

Winter 2025 Lifelong Faith Formation Class Schedule Introduction to Biblical Greek II with Pastor Nicole Hanson-Lynn, Salem & Zion, Ironwood. Sunday evenings, beginning January 19 (end date to be determined) 7-8 pm, Eastern Time, 6-7 pm Central Time.

Walking With Our Indigenous Neighbors with members of the Walking With Our Indigenous Neighbors Synod Task Force. Tuesday evenings for 4 weeks, February 4-25 from 7-8 pm Eastern Time, 6-7 pm Central Time.

Take and Eat: A Study of Food and Spirituality, from Holy Communion to Potlucks with Pastor Mike Markwell, meeting at Immanual, Escanaba. Every other Wednesday evening, January 22 – March 5 from 6-7 pm Eastern Time, 5-6 pm Central Time.

Revelation – Revealing a Bood of Hope & Comfort with Pastor Tommy Richter, Zion, Manistique. Thursday evenings for 10 weeks, January 16 – March 20, 7-8 pm Eastern Time, 6-7 pm Central Time.

Growing Younger: Sharing Ideas and Strategies to Engage Young People with Stefanie Ehle, Youth Coordinator, Northern Great Lake Synod and members of the Youth Ministry Team. Third Thursday of each month, January 16 – May 15, 7-8 pm Eastern Time, 6-7 pm Central Time.

Courses are free but may require purchase of textbooks. Please register at least one week before the date your class begins.

Any questions? Contact Deacon Lori Ward at 615 519-1969 or lori.ward@nglsynod.org.

Lutheran Summer Music Academy and Festival 2025

Enrollment is open for the 2025 Lutheran Summer Music Academy and Festival. The primary way that young musicians find their way to LSM is through the encouragement of a caring adult – you. Please consider the young musicians in your congregation, school, or community who would thrive at LSM and connect them with us. Contact MaryLynn Mennicke, Dean and Director of Admissions, directly at mmennicke@lutheransummermusic.org or 612 879-9555 ext. 5 or click "Nominate a Student" at LSMacademy.org. We can then work together to get them to LSM 2025!

If you don't have a direct connection to a young musician, you may have an indirect one. Share about LSM with friends, colleagues, extended family, teachers, or within your church or school. One simple connection from you could lead to a life-changing experience for a young musician!

Tell someone about LSM now – while we offer rolling admission, applications fees increase and spots will fill though the year, so we encourage student to apply early.

Important Enrollment Deadlines

*December 1, 2024: Priority Enrollment (\$25 application fee)

*March 1, 2025: Standard Enrollment (\$50 application fee)

*May 1, 2025: Late Enrollment (\$75 application fee)

Messiah Birthdays

| Jan 29 | No birthdays |
|--------|--------------------------------|
| Jan 30 | Ruth Hill, Lesley Williams |
| Jan 31 | No birthdays |
| Feb 1 | Kathy Grisham, Stephen Mattson |
| Feb 2 | Bill Angeloff |
| Feb 3 | Betty Brunton, Laurel Kniskern |
| Feb 4 | No birthdays |
| Feb 5 | No birthdays |

| Feb 6 | No birthdays |
|--------|--|
| Feb 7 | No birthdays |
| Feb 8 | No birthdays |
| Feb 9 | Everett Davis, Marion DeLarye, Sarah Stevens |
| Feb 10 | Julia Crimmins |
| Feb 11 | Ken Bullock |
| Feb 12 | No birthdays |
| | |

In the Hospital

Please inform the church office when you are hospitalized. Pr. Molly Hunter & Pr. Andrew Plocher would like to visit you while you are there. If you are unable to notify Messiah, please ask a family member to do so.

In Our Prayers

Paul and Betsy; Carrie Oslund; John Collins; Myra; Becky Abbey; John & Kim Miller; Mary Beals; Katie; John Kiltinen; Mary Ruman; Jimmy Anderson; Jeremy; Owen; Sally Olson; Larry Brunton; Charlie Blake; Carol Bell; Dorothy; Lillian Tuimala; Lynne Robertson; Jan Brown; Betsy; Karen; Rose Collins; Rick Castillo; Ruth Koehler; Don Hillegas; Grant; Kai Dolan; Samantha; Ted; Bruce Lindberg; Grace Chien; Jamie; Donna; Brian; Ben; Sandy Grenke; Evelyn; Akira Carlson; Karen Eldevick; Grace; Shannon; Billy & Kathy S.; Leesa; Jesse Wright; Marshall Lovan; Peter; Shawn; Mae Desonia; Lisa Douros; Tina; Williamson family; Wayne Hanmer; Sierra; Charlene Avery

Pastor on Call:

Pastor Andrew is on call January 29, February 2-5
Pastor Molly is on call January 30-31 and February 1

Worship Volunteers

Saturday, February 1 -- <u>5:00 pm</u> in atrium

Assisting Minister Chris Kotila
Communion Assistant Ron Tervo

Provide Refreshments: Shari Brugman

Sunday, February 2 -- 8:30 am in sanctuary, on 101.9 FM, Vimeo/Facebook

Assisting Minister: Larry Pagel

Reader: Marina Shinkarenko

Ushers: Bruce Robertson, Sam Elder

Communion Assistants: Larry Pagel, Mike Coyne, Kathy Maynard

Greeters: Marina Shinkarenko,

Nursery: Jamie Dodge

Provide Refreshments: Need a volunteer.

Sunday, February 2 -- 10:30 am in sanctuary, on Vimeo/Facebook

Assisting Minister Nancy Raisanen

Reader: Marina Shinkarenko

Ushers: Jean Reynolds, need one more volunteer.

Communion Assistants: Laura and Lydia Tripp, need one more volunteer.

Greeters: Marina Shinkarenko,

Projection Technician Inga Banitt

Nursery: Jamie Dodge Flower Delivery Shari Brugman

Announcements and Classified Ads

Get Your Garden Growing - February 2

"Come and learn how to grow a healthy, productive garden with Master Gardener Gary Heilig at the Marquette Seventh-day Adventist Church, 270 US 41 East, Negaunee, on Sunday February 2nd starting at 4:00 p.m. This FREE event includes a plant-based meal. Please RSVP at (906) 475-4488 or mqtsdachurch@gmail.com"

Marquette Symphony Orchestra – 2025 Season

The Marquette Symphony Orchestra has announced its concert schedule for the 2024-2025 season. Octavio Mas-Arocas, Music Director

Saturday, March 1, 2025 – 7:30 pm – Kaufman Auditorium Romantic Masters - Schumann Piano Concerto & Brahms Piano Concerto in A minor – R. Schumann with 2024 Youth Concerto Winnter Hyerim Lee, piano Symphony No. 2 – Johannes Brahms

Saturday, April 12, 2025 – 7:30 pm – Kaufman Auditorium Festive Folk with the Knockabouts
-Festive Overture – D. Shostakovich
-Symphony No. 2 – P.L. Tchaikovsky

Season and individual tickets are on sale now at NMU Ticket Outlets. nmu.universitytickets.com or 907 227-1032 or In-person at the Superior Dome.

Queer Conversation Book Club

The Queer Conversation Book Club meets on the first Saturday of every month from October 5 through May 3 from 1:00 pm to 3:00 pm. Join us to read LGBT+ books and graphic novels to learn and build community! The book club meets at St. Paul's Episcopal Church, 201 E. Ridge St. in Marquette. Snacks and materials are provided. This is a supportive and inclusive space for LGBT+ folks and Curious allies, for tweens, teens, and adults. Presented by Lav-YAC, Equality Michigan, and St. Paul's Episcopal Church. For more information: www.Equalitymi.org or EQMI at 906 458-8322 or St. Paul's Episcopal Church at 906 226-2912.

Lake Superior Life Care & Hospice Events

<u>Community Grief Support</u> - Loss of a loved one can look different for everyone. Let our team help you on your journey to new beginnings. This group is designed to support you with education, resources, and a safe place to listen and share. Free & open to the public. No affiliation with our hospice is required. Please call 906.225.7760 if you have any questions. Gwinn

2/12/25 2:00 - 3:00 pm; Forsyth Senior Center 165 N. Maple St in Gwinn

<u>Caregiver Support Groups</u> – Are you feeling isolated or burned out as a caregiver? Do you experience frustration or guilt and need a safe place to process? Join us for opportunities to share your feelings, develop friendships, receive emotional support, and to learn about available community resources. There will be occasional guest speakers for relevant topics as well. This group is free and open to the public! The group is Moderated by Jamie Barbiere, RN Community Outreach Coordinator from Lake Superior Life Care and Hospice. Please call 906.225.7760 if you have any questions.

Marquette: <u>Telephone Based:</u>

2nd Wednesday of every month 3rd Tuesday of every month 2/1225 2:00 - 3:00 pm 2/19/25 2:00-3:00 pm

Lake Superior Life Care & Hospice Call 906.485.5527 to register

914 W. Baraga Ave Landline or Cell phone required to participate

New Grief Support Series starting in February! Loss of a loved one can look different for everyone. We will be exploring feelings, support, and tools to help guide you on your grief journey. Please join us, in a safe place to learn and share about the tender moments of grief. This group will now contain a combination of both structured and open grief sharing. Groups will take place every other Thursday starting February 6 – April 17 from 10:30 - 11:30 am at Lake Superior Life Care & Hospice, located at 914 W Baraga Ave in Marquette. Please RSVP by 1/31/25. Contact number: 906.225.7760.

Connected at Home – Are you looking for ways to socialize without leaving the comfort of your home? All you need is a phone number to participate! Choose whichever group that you are interested in and call to register! Groups that are offered – Caregiver support group: every 3rd Tuesday/mo. from 2:00 - 3:00 pm, Book Club: Every first Monday/mo. 11:00 am - 12:00 pm hosted by Ishpeming Library, and Coffee & Conversations: Every Wednesday from 1:00 - 2:00 pm. Topics vary. Please call the Ishpeming senior center to register at 906.485.5527.

Registration now open for <u>Virtual Powerful Tools for Caregivers Class</u> - This 6 week **online** workshop is designed to help you take care of **yourself** while caring for a parent, spouse, or friend, at home, in a nursing home, or across the country.

Wednesdays February 26th - April 2nd 2025

11:00 AM - 12:30 PM Via Zoom

Do you have an announcement?

Send announcements & ads to Kathy Godec (kathy@messiahlutheranmqt.org). Send concert or performance information, yard sale announcements, party invitations, requests for babysitters, yard maintenance, rooms for rent and items for sale. E-newsletter deadline is 12:00 pm on Tuesdays.

Messiah Contact Information

Messiah Lutheran Church Phone: 906-225-1119

305 W. Magnetic St. Marquette, MI 49855

Fax: 906-225-5025

Email: office@messiahlutheranmqt.org

Website: https://www.messiahlutheranmqt.org/

Pastoral Staff

Senior Pastor - Andrew Plocher Associate Pastor - Molly Hunter

Office Staff

Parish Administrator - Jennifer Dodge Administrative Assistant – Kathy Godec Parish Accountant - Mike Hill Financial Secretary – Anne Rydholm

Music Staff

Director of Music – Sara Parks
Bell Choir Director - Judy Quirk
Organist/Pianist - Kathy Strazzinski
Pianist – Jacob Schmeltzer & Jocelyn Basse