

**Evangelical Lutheran Church** 

Answering God's call to love

# Messiah ENewsletter for March 26, 2025

On the web... go to messiahlutheranmqt.org for more information about our congregation and "like" us on Facebook to receive updates and information there.

Messiah Lutheran Church seeks to be a welcoming community for all people. This includes people of every race, ability, sexual orientation and gender identity, ethnic background, economic grouping, religious affiliation, and political persuasion. We do this simply because God created all people in God's own image and Christ Jesus came so all people might have abundant and eternal life. We may not always be as welcoming as we should be, but this is our intention—all are welcome!

## **Brookridge Worship Today!**

Please join us for worship today at 1:30 pm at Brookridge Heights. All are welcome!

## Upcoming Events – March/April

- Mar 26 Taizé Worship: A Lenten Invitation to Stillness at 12:00 pm
- Mar 26 Brookridge Worship at 1:30 pm
- Mar 27 Bible Study at 10:30 am
- Mar 27 Evening of Crafting at 5:00 pm
- Mar 28 Senior Men's Bible Study at 9:00 am
- Mar 29 Lenten Soft Pretzel Workshop at 10:00 am
- Mar 30 Soup Luncheon following 10:30 worship in Magnuson Hall
- Mar 31 Community Lenten Devotional at 9:00 am

- Mar 31 Lent Book Study at 7:00 pm
- Apr 1 Centering Prayer at 11:00 am
- Apr 2 Community Meal at 6:00 pm
- Apr 3 Bible Study at 10:30 am
- Apr 3 Building & Grounds at 5:00 pm
- Apr 4 Senior Men's Bible Study at 9:00 am
- Apr 7 Community Lenten Devotional at 9:00 am
- Apr 8 Centering Prayer at 11:00 am
- Apr 9 Brookridge Worship at 1:30 pm
- Apr 9 Taizé Worship at 5:00 pm followed by a soup supper

## Update On Our Ground Level Door

Please note that the exterior push button on our ground level door is not working. This is on the door to Gretchen's House. Parts are on order. In the meantime, while the outside button will not work, you can pull the door open manually. The push buttons for the interior door work fine. We will let you know when that button is working again.

Soup Luncheon & Soup Supper – March 30 and April 9

During this Lenten season we are inviting all of you to a Soup Luncheon following the 10:30 am worship service on Sunday, March 30th & a Soup Supper on Wednesday, April 9th following the Taizé service that is scheduled for 5:00 pm. Both will be held in Magnuson Hall. Please join us for a warm bowl of soup and some fellowship.

## Bread/Dessert & Setup/Cleanup

If you plan to attend the soup luncheon or the soup supper coming up *(Sunday, March 30 after 10:30 am worship & Wednesday, April 9 after 5:00 pm worship)*, would you be willing to bring some bread or some dessert to the meal? If you can help in this way, please contact the office. Thanks so much!

We are also looking for help with setup & cleanup for each of these meals. Can you help in this way? If you are willing and available, please contact the office. Thank you again!

## **Senior Men's Ministry**

Messiah's Senior Men's Bible Study has been meeting every Friday morning at 9:00 am in room #202. Please join them on Friday morning!

## **Lenten Activities**

\*\*\*Community Devotional

Mondays in Lent March 31 and April 7 at 9:00 am

Start off the week with a small group discussion on the Lenten Devotional by a Sanctified Art. Center yourself in the Word at the beginning of the week and take time to be together in community.

\*\*\*Find Strength in the In-Between

Join us for a Lenten yoga practice

April 14, 7:00 pm in the Atrium

Sign up on the Welcome Table or by contacting the church office

Life is full of transitions—between movement and stillness, strength and surrender, effort and release. Yoga invites us to embrace Everything [in] Between, finding balance in the tension and grace in the unknown.

This Lent, step onto your mat as a sacred space for reflection, growth, and presence. Whether you seek rest, renewal, or a deeper connection to your body and spirit, yoga offers a way to be fully here, in the now. All levels welcome. Please bring a mat or towel if you wish to be on the floor.

\*\*\*Twist, Wait, and Rise: A Lenten Soft Pretzel Workshop

Saturday, March 29 at 10:00 am in the church kitchen

Sign-up on the Welcome Table or by contacting the church office.

Please note that we are limited to twelve participants.

Lent is a season of shaping, waiting, and transformation—just like the process of baking a soft pretzel. As we twist the dough, let's reflect on the twists and turns of our own faith journeys. As the dough rests, we'll embrace the sacred pause of Lent. And as the pretzels rise and bake, we'll remember that growth happens in the in-between.

Join us for a hands-on workshop where we'll bake, reflect, and break bread together. Come hungry for both fresh pretzels and meaningful conversation!

\*\*\* Evening of Crafting

Thursday, March 27 at 5:00 pm in Magnuson Hall

Pr. Molly and Pr. Marna will be hosting a crafting night from 5:00 - 7:00 pm joined by the campus ministry students. You can bring any craft you are working on and join in a community time with snacks provided. If you enjoy crafting but aren't working on anything Pr. Molly will provide some activities during the time.

\*\*\*Wrestling with Scripture: A Lenten Book Study

Inspired: Slaying Giants, Walking on Water, and Loving the Bible Again by Rachel Held Evans Monday, March 31st at 7:00 pm in the Atrium The Bible is full of beauty, mystery, and complexity—stories that comfort, challenge, and invite us to wrestle with faith. In Inspired: Slaying Giants, Walking on Water, and Loving the Bible Again, Rachel Held Evans explores scripture with curiosity and honesty, reclaiming it as a living, breathing text meant to shape our lives. Through personal stories, historical context, and creative retellings, she helps us engage with difficult passages while embracing the tension between certainty and mystery.

This Lent, join us as we navigate the space Everything [in] Between—between tradition and transformation, doubt and belief, struggle and renewal. Come ready to question, reflect, and discover a deeper love for Scripture. Copies will be available in the church office soon for \$10. \*\*\*Taizé Worship: A Lenten Invitation to Stillness

Join us for two special Taizé services this Lent (in the Atrium):

Wednesday, March 26 at 12:00 pm - A midday pause for prayer and reflection.

<u>Wednesday</u>, <u>April 9 at 5:00 pm</u> – An evening of candlelit stillness and song followed by a soup supper.

## **Community Meal – April 2**

We will have a community meal on Wednesday, April 2 at 6:00 pm. The cooks will be serving baked chicken, scalloped potatoes, mixed vegetables, and dessert. A vegetarian option of creamy spinach/tomato linguini will also be available. Please join us for food and fellowship. We look forward to sharing a meal with you!

## 1st Communion Class – April 12

Our First Communion class for all interested kids (of any age) and their parents will be held on Saturday, April 12th in the afternoon 1:30 – 3:30 p.m. If you are wondering whether your child is ready, a simple curiosity in receiving communion can be the sign. All ages are welcome, even adults with a curiosity to know more about Communion. We will gather to learn about Jesus' Last Supper, what communion means to us as Lutherans and then bake bread together which will be served at the Maundy Thursday service on Thursday, April 17th. We will also celebrate first communion on Maundy Thursday at 6:30 pm with those in attendance from the class, helping to serve the congregation. If you have questions, please contact Pastor Molly. If you are planning on attending please RSVP by Monday, April 7th with Pr. Molly or the church office.

## **ELCA World Hunger**

During Lent we usually focus on Hunger and the upcoming Synod Assembly World Hunger offering. The Assembly is May 16-18 and the need for Hunger Funds is greater than even as government funds are being cut. Please consider making this ministry a part of your Lenten Journey by sending your contribution to Messiah for our support of this effort.

## Pr. Molly's Baby Shower – April 26

Messiah women are hosting a baby shower in honor of Pr. Molly & Ethan Hunter's new baby. The shower will be held on Saturday, April 26th starting at 2:00 pm in Magnuson Hall. All are invited! There will be a salad luncheon. If you are able to attend, please RSVP to Anne Rydholm at 906-225-1119 or anne@messiahlutheranmqt.org by April 22nd. They have two online baby registries: Babylist Baby Registry & Target Baby Registry.

## Help Wanted: Church Sign Virtuoso

Have a way with words? Enjoy a good pun? Ever dreamed of wielding the power of a marquee? We're looking for a brave soul (or team of souls) to take on the sacred and slightly mischievous task of updating our church sign!

Qualifications? A willingness to swap out letters in all seasons, an appreciation for pith and wit, and a knack for crafting messages that make people smile—and maybe even think a little. Previous experience in dad jokes, wordplay, or holy humor is a plus but not required. If you're up for the challenge (or just want to know what happens behind the scenes), contact Pr. Andrew.

#### **Northern Great Lakes Synod**

"What then shall we say to this?

If God is for us, who is against us?"

~Romans 8:31

Dear People of the Northern Great Lakes Synod,

As I write this article, we are still in a flurry of executive orders and declarations that give rise to a host of emotions. While some are cheering campaign promises kept, others fear for those most impacted and question the constitutional integrity of actions and orders. My own heart feels heavy as funds have been paused for humanitarian aid. I know the work of Lutheran Social Services makes a compassionate difference in the world and frankly, US AID funds make America look good. (It was through USAID grants that the NGLS was able to help build Kisarawe Junior Theological Seminary in Tanzania.) As we consider our theme of Seeds Sowers and planting seeds of faith, the seeds that are now being sown by these actions are unclear. Within that space of planting and growth is the tension between border security and a compassionate immigration system that works, between excessive spending and effective stewardship of federal resources, between legal processes and getting things done. What then shall we say to this?

There is much that I disagree with, and much that provokes concern. But my understanding of the example and call of Jesus to be his disciple brings me back to what I can do, what I should do, and what lies beyond my reach (although not beyond my grief and disquiet.) I can call my congressional representatives to work to restore funds, and in the meantime, I can encourage congregations to gather in their Synod Assembly offering for World Hunger. I can support local and global efforts to address issues of poverty. I can participate with the efforts of our synod to make a difference with the people who are in our reach and continue to educate around international issues even as we pray for peaceful resolutions and just action. And I can remember, and remind you and myself, that the God we proclaim is one who promises new life from death. The Savior we serve is one who bids us to "go and do likewise," not seeking to condemn but inviting us into a deeper understanding of how it is that the least are the greatest. God is for us and working through us to be the presence of Christ. What that means for us in these days, we figure out together. I find that the words of ELW Hymn #705 speak to me with new resonance:

God of grace, and God of glory On your people pour your power. Crown your ancient church's story. Bring its bud to glorious flower. Grant us wisdom, grant us courage, for the facing of this hour.

Lo! The hosts of evil round us scorn the Christ, assail his ways. From the fears that long have bound us free our hearts to faith and praise. Grant us wisdom, grant us courage, for the living of these days.

Cure your children's warring madness; Bend our pride to your control; Shame our wanton, selfish gladness, rich in things and poor in soul. Grant us wisdom, grant us courage, lest we miss your Kingdom's goal. Save us from weak resignation to the evils we deplore; Let the gift of your salvation be our glory evermore. Grant us wisdom, grant us courage, serving you whom we adore.

Grant us wisdom. Grant us courage. *In Christ, Bishop Katherine Finegan* 

## Living Lutheran Back in Print

We heard you—and listened. We have found a way to bring back the magazine's print publication in a quarterly fashion. Each issue (spring, summer, winter and fall) will feature the stories you know and love, along with updates on the church and your ELCA community. The cost for one year will be \$19.95 for an individual subscription and \$17 per year for a congregation group subscription. Copies of the Spring 2025 edition are on the Welcome Table. Please help yourself.

## Why Centering Prayer?

Fr. Thomas Keating, the person responsible for bringing centering prayer to the laity, talks about the "fruits of the Spirit" that flow from a dedicated practice to contemplative prayer. It took me a long time to realize I was experiencing those fruits from my contemplative practice. I noticed that my perceptions of the world were slowly changing and with the change in perception, I was becoming a more compassionate and kind person. Plus, I began to see that prayers that I thought had gone unanswered in my past, HAD been answered. I had been looking for a specific answer and God knew the answer that would actually work. When Pastor Molly said this Benediction last week, it struck me to the heart: *As you leave this place, may you find God in every messy middle. May you know that the world is bigger than two sides. May you trust that you are made in the image of God. May you move through this world with an open heart, with a curious mind, and with the confidence that you do not go alone.* 

God is with you in the mountains, in the valleys, and everywhere in between. Believe that good news.

There was a time in my life when I did NOT believe that good news, but I believe it now. That has been one of the greatest gifts of my centering prayer practice: increasing trust in God and God's Love for God's creation, including me! And that God DOES answer prayer.

## **OWLs (Older, Wiser Lutherans) Weekly Walk**

The OWLS are now walking at the Dome on Mondays when it is open. We meet at the main entrance at 10:00 am. You can walk at your own pace. After walking the group goes to Provisions to continue visiting. If you cannot walk just come for coffee/tea. Questions? Please call Betsy or the church office.

## **Personal Care Kits**

A whole year has gone by and it is once again time to collect donations for Personal Care Kits. Last year we were able to send 48 kits to Lutheran World Relief for distribution where needed. In March & April items can be brought to the church and will be assembled by Ruth Circle.

Items needed for each kit include:

- 1 bath size towel, dark color preferred
- 1 toothbrush, adult size in original packaging
- 1 comb, large toothed preferred
- 1 metal nail clipper
- 2 bath size bars of soap

Items can be placed in the container provided in the narthex. Monetary donations are also welcomed to purchase needed items - just write 'personal care kits' in the memo line. Thank you for your generosity!

## **The New Free Store Donations**

The New Free Store is an inter-faith, non-profit group supporting people who express a need for free clothing, linens, hygiene & cleaning supplies. Anyone in need is welcome. Free things are offered as "in God's economy three is always enough." There is a collection bin in our narthex at Messiah for The New Free Store. They are currently collecting:

\*March – Shampoo (male/female), boxes of feminine pads/tampons

- \*<u>April</u> Laundry Soap, Dish Soap, Bars of Soap
- \*<u>May</u> Diapers, size 3-6 and/or Baby Wipes

## **Lutheran Summer Music Academy and Festival 2025**

Enrollment is open for the 2025 Lutheran Summer Music Academy and Festival. The primary way that young musicians find their way to LSM is through the encouragement of a caring adult – you. Please consider the young musicians in your congregation, school, or community who would thrive at LSM and connect them with us. Contact MaryLynn Mennicke, Dean and Director of Admissions, directly at <u>mmennicke@lutheransummermusic.org</u> or 612 879-9555 ext. 5 or click "Nominate a Student" at LSMacademy.org. We can then work together to get them to LSM 2025!

If you don't have a direct connection to a young musician, you may have an indirect one. Share about LSM with friends, colleagues, extended family, teachers, or within your church or school. One simple connection from you could lead to a life-changing experience for a young musician!

Tell someone about LSM now – while we offer rolling admission, applications fees increase and spots will fill though the year, so we encourage student to apply early.

#### Important Enrollment Deadline

\*May 1, 2025: Late Enrollment (\$75 application fee)

## **Messiah Birthdays**

Mar 26	Darren Smith
Mar 27	No birthdays
Mar 28	Dick Balding, Janice Gebeau, Jerry Godec
Mar 29	Jack Mendelin
Mar 30	Jeff Dodge, Dennis Gustafson
Mar 31	Brenton Fitzpatrick, Janet Skytta
Apr 1	Jeanne Groos, Karl Kauklola
Apr 2	Bob Hewitt, Gina Lindberg
Apr 3	No birthdays
Apr 4	Ethan Sellers, Bev Zorza
Apr 5	Barb Bergstrom, Brent Skaw
Apr 6	Quinn Tripp
Apr 7	Denise Eady, Theo Geschwindt, Les Rolig
Apr 8	Janna Benedict, Bob Marlor, Susan Shaver
Apr 9	No birthdays

## In the Hospital

Please inform the church office when you are hospitalized. Pr. Molly Hunter & Pr. Andrew Plocher would like to visit you while you are there. If you are unable to notify Messiah, please ask a family member to do so.

## **In Our Prayers**

Darlene Dreisbach and family upon the passing of her husband, Don; Ruth Koehler; Sherrie Wagner; Judy Quirk; Jan Brown; Pat Makela; Betsy Cooper; Betsy; Carrie Oslund; John Collins; Myra; Katie; John Kiltinen; Mary Ruman; Jimmy Anderson; Jeremy; Owen; Sally Olson; Charlie Blake; Carol Bell; Dorothy; Lynne Robertson; Karen; Rose Collins; Rick Castillo; Don Hillegas; Grant; Kai Dolan; Samantha; Ted; Bruce Lindberg; Grace Chien; Jamie; Donna; Brian; Ben; Sandy Grenke; Evelyn; Akira Carlson; Karen Eldevick; Grace; Shannon; Billy & Kathy S.; Leesa; Jesse Wright; Marshall Lovan; Peter; Shawn; Mae Desonia; Lisa Douros; Tina; Williamson family; Wayne Hanmer; Judy Donckers; Sierra; Charlene Avery

## **Pastor on Call:**

Pastor Andrew is on call March 26, March 30 – April 2 Pastor Molly is on call March 27-29

## Worship Volunteers

#### Saturday, March 29 -- 5:00 pm in atrium

Assisting Minister Carol Bell Communion Assistant Barb Salmela

Provide Refreshments: Need a volunteer.

## Sunday, March 30 -- 8:30 am in sanctuary, on 101.9 FM, Vimeo/Facebook

Assisting Minister:	Chris Harkness	
Reader:	Judy Quirk	
Ushers:	Joe and Chris Harkness	
Communion Assistants:	Larry Pagel, Marina Shinkarenko, Judy Quirk	
Greeters:	Tom and Amy Froiland	

Nursery:	Maddie Dykema
Provide Refreshments:	Need a volunteer.

## Sunday, March 30 -- 10:30 am in sanctuary, on Vimeo/Facebook

Assisting Minister	Mike Hill
Reader:	Marina Shinkarenko
Ushers:	Sally Davis, Nancy Hamlin
Communion Assistants:	Marina Shinkarenko, Gayle Mack, Mike HIII
Greeters:	Milt and Boli Soderberg
Projection Technician	Kathy Godec
Nursery:	Maddie Dykema

Nursery:	Maddie Dykema	
Flower Delivery	Alison Cory	

## Announcements and Classified Ads

## Dinner with the Doctor Event – March 28-30

The Marquette Seventh-day Adventist Church's Dinner with the Doctor will present "Natural Remedies and Lifestyle Solutions" with Rolando & Emily Poras. This FREE, 3-day event will take place on Friday March 28th at 7:00 p.m., on Saturday March 29th at 11:30 a.m. and on Sunday March 30th at 4:00 p.m. There will be a FREE plant-based dinner on Sunday March 30th only. Please RSVP at (906) 475-4488 or <u>mqtsdachurch@gmail.com</u>.

(Rolando Porras is the president and founder of Choose Life Abundant, a fulltime not-for-profit health education charity dedicated to facilitating healthy outcomes through lifestyle modification. He is also a graduate with special distinctions from the Davinci College of Holistic Medicine in the field of DMHA. His wife Emily obtained her bachelor's degree in elementary education and communication. She serves as the co-director of Choose Life Abundant and brings to the ministry a special passion for holistic methods of education and healing, along with the skillset to integrate their programs for children.)

#### Marquette Symphony Orchestra – Last Concert of the Season

The Marquette Symphony Orchestra's last concert of the season will be held on Saturday, April 12 at 7:30 pm in Kaufman Auditorium. Octavio Mas-Arocas, Music Director Festive Folk with the Knockabouts -Festive Overture – D. Shostakovich -Symphony No. 2 – P.L. Tchaikovsky

Tickets are on sale now at NMU Ticket Outlets. nmu.universitytickets.com or 907 227-1032 or In-person at the Superior Dome.

## Marquette County Habitat for Humanity – Crew Lunches Needed

Would you like to give back to your community?

Marquette County Habitat for Humanity has been working for over 30 years to provide affordable housing to community members in need. In that time, we have partnered with 114 low-income families to build decent, safe and affordable housing. We have also performed over 255 critical home repairs through our Home Repair Program.

Our success is due to the support of this community! This support comes in various forms:

- \*Volunteer assistance on the construction site, in the office, or at the ReStore.
- \*Monetary donation and grants.
- \*Donations to the ReStore.
- \*Lunch donations for our volunteers at the work sites.

We are asking for your help providing lunches to our volunteers in the 2025 build season.

We have a need for anywhere from 4 to 25 lunches on any given day. We will always give advance notice to lunch donors regarding the number of lunches needed.

Choose the most convenient way to assist with crew lunches:

- \*Contact the church office. (If you wish to provide crew lunches, Messiah may be able to help with the cost.)
- \*Select a date online via https://www.yoopersunited.com/agency/detail/MCHFH
- \*Call 906 228-3578 or 906 235-4925.
- \*Email volunteers@mqthabitat.org.
- \*Visit the office at 2354 US 41 South, Marquette, MI 49855.

We look forward to hearing from you! Thank you in advance for your continued support in helping our fellow community members!

## **Financial Help for Cancer Patients**

If you or someone you know is going through any financial hardships while going through cancer treatment, please do not hesitate to contact Dave Poirier of Cancer Care of Marquette County (CCMC). 906-362-9226 / poirph@msn.com or Barb Salmela 906-250-1016. There are no income guidelines. Assistance can be for travel expenses, insurance co-pay, medical bills & medications related to cancer care. This organization is all volunteer based. Money to support is from fundraising, grants and donations. This organization is a 501c3 group so donations are tax deductible. But I cannot emphasize enough....to CALL if you need help.

## Help With Income Tax Filing

Income taxes – always one of our favorite things to do each year, right?? Did you know that you may be able to have the Senior AARP Tax Preparation program through the local senior centers prepare your taxes? There is no fee to you. All the tax preparers are volunteers, but you must call your local senior center (Marquette, Ishpeming, or Negaunee) to make an appointment.

**Queer Conversation Book Club** 

The Queer Conversation Book Club meets on the first Saturday of every month from October 5 through May 3 from 1:00 pm to 3:00 pm. Join us to read LGBT+ books and graphic novels to learn and build community! The book club meets at St. Paul's Episcopal Church, 201 E. Ridge St. in Marquette. Snacks and materials are provided. This is a supportive and inclusive space for LGBT+ folks and Curious allies, for tweens, teens, and adults. Presented by Lav-YAC, Equality Michigan, and St. Paul's Episcopal Church. For more information: www.Equalitymi.org or EQMI at 906 458-8322 or St. Paul's Episcopal Church at 906 226-2912.

## Lake Superior Life Care & Hospice Events

<u>Community Grief Support</u> - Loss of a loved one can look different for everyone. Let our team help you on your journey to new beginnings. This group is designed to support you with education, resources, and a safe place to listen and share. Free & open to the public. No affiliation to our hospice is required. Please call 906.225.7760 if you have any questions. *Meet at the Forsyth Senior Center at 165 N. Maple St in Gwinn on April 9 from 2:00-3:00 pm.* 

<u>Caregiver Support Groups</u> – Are you feeling isolated or burned out as a caregiver? Do you experience frustration or guilt and need a safe place to process? Join us for opportunities to share your feelings, develop friendships, receive emotional support, and to learn about available community resources. There will be occasional guest speakers for relevant topics as well. This group is free and open to the public! The group is Moderated by Jamie Barbiere, RN Community Outreach Coordinator from Lake Superior Life Care and Hospice. Please call 906.225.7760 if you have any questions.

Marquette:	Telephone Based:
2nd Wednesday of every month	3rd Tuesday of every month
April 9 from 2:00 - 3:00 pm	April 16 from 2:00-3:00 pm
Lake Superior Life Care & Hospi	ce Call 906.485.5527 to register
914 W. Baraga Ave	Landline or Cell phone required to participate

<u>Connected at Home</u> – Are you looking for ways to socialize without leaving the comfort of your home? All you need is a phone number to participate! Choose whichever group that you are interested in and call to register! Groups that are offered – Caregiver support group: every 3rd Tuesday/mo. from 2:00 - 3:00 pm, Book Club: Every first Monday/mo. 11:00 am - 12:00 pm hosted by Ishpeming Library, and Coffee & Conversations: Every Wednesday from 1:00 - 2:00 pm. Topics vary. Please call the Ishpeming senior center to register at 906.485.5527.

#### Live & Learn: Adaptive Equipment Presented by: SAIL

Assistive Technology with SAIL -Assistive technology can be challenging for senior citizens due to complex interfaces, frequent updates, and unfamiliar settings. Navigating smartphones, tablets, laptops, and email can feel overwhelming without the right support. Join us for this special event, where you'll receive assistance to troubleshoot your devices, answer your questions, and gain confidence in using technology with ease. Please bring your devices you have questions with you!

#### April 30 from 3:00 - 5:00 pm

Marquette Senior Center, 300 W. Spring St in Marquette

## <u>Walking with Purpose: Camino for Hospice</u> - April 13 from 1:00 - 3:00 pm at Drifa Brewing Company

Hospice volunteer Bart Carroll recently embarked on an inspiring 260-mile journey on the renowned Camino de Santiago to raise funds and awareness for Lake Superior Life Care & Hospice. Join us as Bart shares stories and photos from his pilgrimage.

<u>Advance Directives Presentation</u> - April 15 from 3:00 - 4:30 pm @ Peter White Public Library-Heritage Room

Did you know that April is national Healthcare decisions day? Join us for our Advance Directive presentation, where we'll guide you through the 5 Wishes—a simple yet powerful way to ensure your healthcare choices are honored in the event that you are unable to speak for yourself. Learn how to express your medical, personal, emotional, and spiritual wishes in a legal document that provides peace of mind for you and your loved ones. Don't leave these important decisions to chance—take control of your future today! Everyone who is present will receive a free copy of the 5 Wishes. Extra copies will be available to purchase if interested.

# <u>Art After Loss</u> April 29 from 4:30 - 6:30 pm at Peter White Public Library – Arts & Culture Center (Lower Level)

Creating a Memorial Collage. Creating collages to honor a loved one after loss can be a deeply personal and healing process. Collages allow you to blend memories, emotions, and creativity into a visual tribute that celebrates their life and the impact they had on you. Please bring photographs, handwritten notes, letters, any favorite symbols, quotes, poems, or song lyrics that you would like to integrate into your collage. Poster Boards and craft supplies will be provided. Please RSVP at 906.225.7760 or email:

cvoce@lakesuperiorhospice.org

<u>Powerful Tools for Caregivers</u> – This virtual workshop gives Caregivers the skills to take care of yourself while caring for someone else. By taking care of your own health and well-being, you become a better caregiver. 6 class sessions held once a week on Wednesdays are led by experienced class leaders. Class participants are given The Caregiver Helpbook to accompany the class and provide additional caregiver resources. Please register by April 4th. This class is FREE. At Virtual on April 16 from 11:00 am - 12:30 pm.

\*\* Please call 2-1-1 to register or go to upcap.org (click on EVENTS)

## Do you have an announcement?

Send announcements & ads to Kathy Godec (kathy@messiahlutheranmqt.org). Send concert or performance information, yard sale announcements, party invitations, requests for babysitters, yard maintenance, rooms for rent and items for sale. E-newsletter deadline is 12:00 pm on Tuesdays.

## **Messiah Contact Information**

Messiah Lutheran Church

305 W. Magnetic St. Marquette, MI 49855

#### **Pastoral Staff**

Senior Pastor - Andrew Plocher Associate Pastor - Molly Hunter

#### **Office Staff**

Parish Administrator - Jennifer Dodge Administrative Assistant – Kathy Godec Parish Accountant - Mike Hill Financial Secretary – Anne Rydholm

## **Music Staff**

Director of Music – Sara Parks Bell Choir Director - Judy Quirk Organist/Pianist - Kathy Strazzinski Pianist – Jacob Schmeltzer & Jocelyn Basse

Fax: 906-225-5025 Email: office@messiahlutheranmqt.org Website: <u>https://www.messiahlutheranmqt.org/</u>